

In Collaboration With
ENDOCRINE SOCIETY OF INDIA

BONE HEALTH: ASSESSMENT AND OPTIMISATION



30th June 2026, Tuesday



09:00 AM – 05:00 PM



Seminar Hall, College Building,
Ground Floor

Vydehi Institute of Medical Sciences & Research Centre
82, Nallurahalli Main Road, Near Nallurahalli Metro Station,
Whitefield, Bengaluru – 560066

PATRONS

Mrs. D. A. Kalpaja

Chairperson
Vydehi Group of Institutions

Dr. Mahesh Kottapalli

Advisor
Vydehi Group of Institutions

GUESTS OF HONOUR

Dr. Shreedhar Venkatesh
Principal
Vydehi Institute of Medical Sciences & Research Centre

Dr. R. Shankaran
Medical Superintendent
Vydehi Institute of Medical Sciences & Research Centre

Dr. Jagadeesh N.
Vice Principal
Vydehi Institute of Medical Sciences & Research Centre

Dr. Ravi Babu K
Chief Administrative Officer (CAO)
Vydehi Institute of Medical Sciences & Research Centre

Dr. Geeta Narayanan
Chairman, Medical Executive Committee
Vydehi Institute of Medical Sciences & Research Centre

ORGANISING COMMITTEE

CHAIRPERSONS

Dr. Suresh A.
Professor & Head
Department of Radiodiagnosis

Dr. Vijaya Sarathi
Professor & Head
Department of Endocrinology

SECRETARIES

Dr. Madan Mohan Babu
Professor
Department of Radiodiagnosis

Dr. Dhananjaya M.S.
Associate Professor
Department of Endocrinology

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SCIENTIFIC PROGRAMME

Time	Topic	Speaker	Chairperson
09:00 – 09:15	Introduction and Overview	Dr. Suresh A	Dr. Vijaya Sarathi
09:15 – 09:45	Principle of DXA and Quality Control	Dr. Mary Varunya	Dr. Sowmya Narayanan
09:45 – 10:00	Inauguration		
10:00 – 10:20	Body Composition Analysis	Dr. Lakshmi Nagendra	Dr. Akshatha Savith
10:20 – 10:40	BMD Interpretation	Dr. Shruthi R	Dr. Aparna Nair
10:40 – 11:00	Pitfalls in BMD Interpretation	Dr. Riddhi Das Gupta	Dr. Hiranya Kumar
11:00 – 11:15	 HIGH TEA		
11:15 – 11:35	Utility of TBS & VFA in Clinical Practice	Dr. Lakshmi Nagendra	Dr. Rama Mishra
11:35 – 12:00	Pediatric DXA	Dr. Vijaya Sarathi	Dr. Mithila Das
12:00 – 12:25	Advanced DXA Parameters	Dr. Manjunath P.R.	Dr. Madan Mohan Babu
12:25 – 01:00	Hands-on Discussion of Cases	Dr. Dhananjaya M.S.	Dr. Riddhi Das Gupta / Dr. Manjunath P.R.
01:00 – 02:00	 LUNCH		
02:00 – 02:20	Fracture Risk Assessment	Dr. Divya Ragate	Dr. Jayashankar C A
02:20 – 02:40	Non-Pharmacological Strategies for Fracture Prevention	Dr. Vamshikrishna Chand	Dr. Anant G
02:40 – 03:10	Management of Postmenopausal Osteoporosis	Dr. Belinda George	Dr. Sujata Datti
03:10 – 03:30	Optimization of Bone Health in Spinal Surgeries	Dr. S.L. Sagar Reddy	Dr. Hiranya Kumar
03:30 – 04:00	Management of Osteogenesis Imperfecta	Dr. Vijaya Sarathi	Dr. Harvinder Kaur
04:00 – 05:00	Quiz for Postgraduates	Dr. Dhananjaya M.S.	

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**REGISTRATION LINK :**

<https://docs.google.com/forms/d/e/1FAIpQLSe8uVRwJWSOxe4x1sQwEQGRafvX2y0izv6YEcuoV2GqQ6nNdQ/viewform?usp=publish-editor>

REGISTRATION IS FREE BUT MANDATORY

QUIZ

FOR ALL BROAD SPECIALITY POST GRADUATES

All quiz questions will be based on
The CME topics covered in the sessions

**TIME: 04:00 PM – 05:00 PM****EXCITING PRIZES**

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