

Vydehi Institute Successfully Hosts Largest-Ever BLS-CPR Training in Karnataka, Empowering Over 4,300 Participants



Bengaluru, Karnataka

In a landmark event held on July 23rd, 2024, the Vydehi Institute of Medical Sciences and Research Centre (VIMS & RC) successfully organized Karnataka's biggest-ever Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) training program. This impactful initiative, conducted in collaboration with the Indian Academy of Paediatrics (IAP), saw a phenomenal response with over 4,300 individuals receiving hands-on training in these lifesaving techniques.

Empowering Communities For A Healthier Tomorrow

VIMS & RC is dedicated to empowering the Karnataka community with the knowledge and practical skills necessary to respond effectively during cardiac arrest emergencies.

The program transcended traditional boundaries, attracting over 4,300 participants from diverse backgrounds. This included members of the general public, healthcare professionals, and even law enforcement personnel. Notably, more than 300 general police and traffic police personnel received BLS and CPR training, enhancing their ability to provide immediate assistance in critical situations.



A Collaborative Effort For Public Health

The event garnered significant media attention, highlighting the critical role CPR training plays in empowering bystanders to potentially save lives in their communities. This collaborative effort between VIMS & RC and the IAP underscores our unwavering commitment to public health education and community well-being.



A Comprehensive Learning Experience

The program offered a comprehensive learning experience for all participants. Led by our team of expert doctors and healthcare professionals, sessions covered adult and pediatric CPR, proper use of Automated External Defibrillators (AEDs), and techniques for managing choking incidents. Interactive demonstrations and practical skill-building exercises ensured participants gained the confidence to apply their knowledge in real-world scenarios.



Building A CPR-Ready Karnataka:

The impact of this initiative extends far beyond the event itself. By equipping thousands with BLS and CPR skills, the program has the potential to significantly improve patient outcomes during cardiac arrest emergencies. Additionally, promoting a culture of lifesaving bystander intervention can lead to a decrease in fatalities and a sense of greater safety within the community.



VIMS & RC remains committed to public health education and community empowerment. We look forward to hosting future CPR training initiatives to ensure Karnataka remains a CPR-ready state.