

EM KARNATAKA 2023

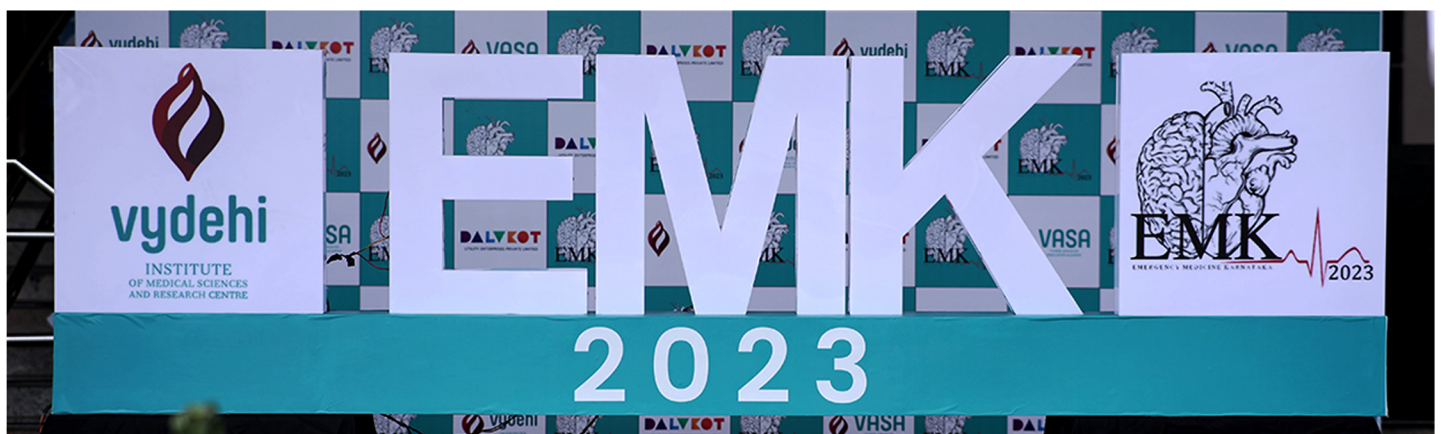
VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE
LEADS EFFORTS TO ENHANCE EMERGENCY MEDICINE IN KARNATAKA

Bengaluru,
Karnataka – The 3rd
State Level
Emergency Medicine
Conference at The
Vydehi Institute of
Medical Sciences
and Research Center
(VIMS &RC)
Karnataka took place



from the 21st to the
24th of September
2023 and concluded
with great success.
The theme for the
four days of EMK
2023 was "**RACE –
Research, Advances,
Critical thinking,
Education.**"

During the conference, thematic scientific sessions and panel discussions provided an excellent opportunity for knowledge exchange among the participants. The event served as a platform for top emergency physicians, practitioners, educators, and residents to meet and discuss the latest research topics, advances in the field, and protocols and guidelines for time-bound critical decision-making to improve treatment outcomes.



The conference featured workshops tailored for emergency physicians, residents, undergraduate students, nurses, and paramedical staff. These workshops provided participants with hands-on simulation training and introduced pioneering topics aimed at transforming patient care.



In the high-octane environment where emergency physicians constantly work as dynamic teams, methodical coordination, incessant inquisitiveness, and inter-reliability are instrumental in ensuring the efficient functioning of the team. With this spirit in mind,



the conference organizers also introduced multiple congenial competitions such as **EM-JAM**, **EM-QUIZITIVE**, and **EM-TREASURE HUNT** as part of the event.



These competitions added an element of fun and collaboration to the conference, fostering a sense of camaraderie among participants.

EMERGENCY MEDICINE
AND RESEARCH CENTRE

Overall, the **3rd State Level Emergency Medicine Conference in Karnataka** provided a valuable platform for the exchange of knowledge, skill development,



and networking among emergency medicine professionals, ultimately contributing to the enhancement of emergency care in the region.



Minister Rao, speaking at the inauguration of the conference, underscored the critical role of emergency medicine in saving lives. He emphasized that a well-equipped and highly trained emergency department can be the difference between life and death for a critically ill patient.

"Despite the state having emergency medicine departments, we need to upskill the doctors and upgrade the departments. There is a need to create better learning opportunities through discussion and research," stated Minister Rao. His words resonated with healthcare professionals and experts in attendance.



Dr. Mahesh Kottapalli, Advisor at Vydehi Institute of Medical Sciences and Research Center, further emphasized the need for improved trauma care in cities across Karnataka. He recommended the establishment of three-level trauma centers in all cities to enhance the quality of care for patients in critical conditions.

"The chances of survival of a patient start dimming if they are taken to a nursing home instead of an emergency care unit in acute situations," noted Dr. Kottapalli. He stressed the importance of the "golden hour" in saving lives during medical emergencies, highlighting that timely and effective treatment during this period is crucial.



Over 250 emergency physicians and residents attended the workshop held from September 21 to 24, which covered fundamental aspects of emergency medicine, including emerging areas like airway simulation and resuscitology. Dr. Kottapalli emphasized the need for a comprehensive curriculum that incorporates these critical aspects of emergency care.



Government medical colleges in the state already have departments of emergency medicine, and Minister Rao pledged to take action to further improve their quality and enhance doctor training. The Vydehi Advanced Simulation Academy, established at the Vydehi Institute, is the first fully equipped center of its kind in Asia, providing valuable resources for training and skill development.



Minister Rao urged healthcare professionals to engage with the department's officials and collaborate on improving emergency medicine. As Karnataka takes steps to strengthen its emergency healthcare infrastructure, the VIMS&RC is at the forefront of this critical mission.



The 3rd Annual State Level Emergency Medicine Conference 2023 hosted by Vydehi Institute of Medical Sciences and Research Center (VIMS&RC) received distinguished guests, including **Dr. Mrs. S. Kantha**, former Adviser of VIMS&RC, and **Mrs. D A Kalpaja**, Chairperson of VIMS&RC. Their presence at the event added prestige and expertise to the discussions, highlighting the significance of advancing emergency medicine in Karnataka. The conference held at Vydehi Institute is a testament to the commitment of healthcare professionals and institutions in Karnataka to provide world-class emergency medical services and save lives, even in the most challenging situations.

