

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560.066.
 Undergraduate (MBBS) Teaching Schedule for the Month of October - 2025
Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-10-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr. Chinmaya		<u>HOLIDAY</u>
02-10-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr. Chirag		<u>HOLIDAY</u>
03-10-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Status Examination Faculty: Dr. Yamini.D (Asst. Prof)	Dr. Charan		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
04-10-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Health Concepts & Stress Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr. Chetan Prasad		<u>Library Activity</u>

05-10-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr. Chandan		<u>HOLIDAY</u>
06-10-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders Faculty: Dr. Megha C N (Senior Resident)	Dr. Darshan Acharya		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
07-10-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression Overview Faculty: Dr. Sudharshan R. (Senior Resident)	Dr. Dhaanya		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
08-10-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Management of Depression & Suicide Risk Faculty: Dr. Yamini.D (Asst. Prof)	Dr. Deeksha		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
09-10-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr. Deeksha		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)

		UG Clinicals 3rd year MBBS Topic: Anxiety Disorders (Excl. OCD) Faculty: Dr.Kiran Kumar.K (Prof. and HOD)			
10-10-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Obsessive Compulsive Disorder Faculty: Dr. Megha C N (Senior Resident)	Dr. Daiwik M		• Family counseling • Community psychiatry Dr.Yamini.D (Asst. Prof)
11-10-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: End Posting Assessment Faculty: Dr. Yamini.D (Asst. Prof)	Dr. Chiranth		Library Activity
12-10-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr. Madhu Hasitha		HOLIDAY
13-10-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Introduction to Psychiatry Faculty: Dr. Megha C N (Senior Resident)	Dr. Daiwik M		• Neuropsychiatry clinic for Elderly • Clinic for senile disorder • Memory clinic Dr.Kiran kumar.K (Prof. and HOD)
14-10-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr. Deepthi Bhat		De-addiction Clinic Dr.Megha C N (Senior Resident)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-Patient Relationship Faculty: Dr. Sudharshan R. (Senior Resident)			
15-10-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing Faculty: Dr. Yamini.D (Asst. Prof)	Dr. Madhu Hasitha		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
16-10-2025	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Status Examination Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr. Darshan Acharya		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
17-10-2025	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Health Concepts & Stress Faculty: Dr. Megha C N (Senior Resident)	Dr. Dhaanya		
18-10-2025	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders Faculty: Dr. Sudharshan R. (Senior Resident)	Dr. Darshan S		<u>Library Activity</u>

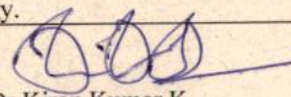
19-10-2025	Sunday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr. Deepthi Bhat		<u>HOLIDAY</u>
20-10-2025	Monday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Daggupati Saiprasad (1)		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
21-10-2025	Tuesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression Overview Faculty: Dr.Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Schizophrenia – Symptoms, diagnosis, and treatment basics Presenter: Dr. Daggupati Sai Prasad	Dr.Eleanor Sharon Pariat(3)		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
22-10-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Management of Depression & Suicide Risk Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Depression – Core features, diagnosis, and management Presenter: Dr. Deibormitre Pale	Dr.Deibor Mitre Pale(2)		<u>HOLIDAY</u>

23-10-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders (Excl. OCD) Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Mania – Key features, differences from hypomania, and treatment Presenter: Dr. Eleanor Sharon Pariat	Dr.Hriday Turimella(4)		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
24-10-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Obsessive Compulsive Disorder Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO SEMINAR</u> Topic: Anxiety Disorders – Panic disorder, GAD, and phobias (overview) Presenter: Dr. Hriday Turimela	Dr.Kanchana Siri Lingam		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
25-10-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Karan Prasad M.R		<u>Library Activity</u>

		IMO SEMINAR Topic: Obsessive- Compulsive Disorder (OCD) – Symptoms and basic management Presenter: Dr. Kanchana Siri Lingam			
26-10-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Manjunath B R		<u>HOLIDAY</u>
27-10-2025	Monday	IMO SEMINAR Topic: Alcohol Use Disorder – Dependence, withdrawal, and treatment Presenter: Dr. Karan Prasad M R Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Nikita Dinesh		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
28-10-2025	Tuesday	UG Clinicals 3rd year MBBS Topic : Introduction to Psychiatry Faculty: Dr. Megha C N (Senior Resident) IMO SEMINAR Topic: Mental Health Care Act (MHCA) 2017 – Important points every doctor should know Presenter: Dr. Manjunatha B R Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Pranitha V		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
		UG Clinicals 3rd year MBBS Topic: Doctor-Patient Relationship Faculty: Dr. Sudharshan R. (Senior Resident)			

		<u>IMO SEMINAR</u> Topic: Schizophrenia – Symptoms, diagnosis, and treatment basics Presenter: Dr. Vuta Mokshitha Topic: Dementia – Common types and key differences Presenter: Dr. Nikita Dinesh			
29-10-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing Faculty: Dr. Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Depression – Core features, diagnosis, and management Presenter: Dr.Shreya kottapalli Topic: Delirium – Causes, clinical features, and treatment basics Presenter:Dr. Pranitha V	Dr.Priya Ghosh		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
30-10-2025	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Status Examination Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Mania – Key features, differences from hypomania, and treatment Presenter: Dr.lakshitha K N Topic: stress and distress Presenter: Dr. Priya Gosh	Dr.Vuta Mokshitha		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)

31-10-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Mental Health Concepts & Stress Faculty: Dr. Megha C N (Senior Resident) IMO SEMINAR Topic: Anxiety Disorders – Panic disorder, GAD, and phobias (overview) Presenter: Dr.Sohini Saha	Dr.Shreya Kottapalli	• Family counseling • Community psychiatry Dr.Yamini.D (Asst. Prof) Academic Society/CPC & Mortality Meeting I. Academic Society Topics: (Department of Urology) "Newer Modalities in The Management of Stricture Urethra" Presenter: Dr. Kunal Mehra, Assistant Professor. Moderator: Dr. Sanjay P., Professor & Head. CPC: (Department of Nephrology) II. "Silent Return, Serious Threat" Presentation By: 1. Dr. Archana Chiniwalar, Assistant Professor, Department of Nephrology. 2. Dr. Hima Bindu, Senior Resident, Department of Pathology. Moderators: Dr. Girish P. Vakrani, Professor & Head, Department of Nephrology and Dr. Shailaja Kupati, Associate Professor, Department of Pathology.
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 Department of Psychiatry.
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 Professor & HOD
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