

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.
 Undergraduate (MBBS) Teaching Schedule for the Month of **JANUARY - 2026**
Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-01-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Megha Bhat		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
02-01-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Manoj Ganesh M		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
03-01-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Manisha P M Sahadev		<u>Library Activity</u>
04-01-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Manpreet Singh Vittal		<u>HOLIDAY</u>

05-01-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty:Dr. Megha C N (Senior Resident)	Dr.Niharika		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
06-01-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I (Excl. OCD) Faculty: Dr. Yamini.D (Asst. Prof)	Dr.Megha R		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
07-01-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II (OCD) Faculty: Dr.Anuradha. S.N (Assoc. Prof)	Dr.Mounika		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
08-01-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders III Faculty:Dr. Megha C N (Senior Resident)	Dr.Meghana		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)

09-01-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr.Sushma		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
10-01-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty:	Dr.Mounika		<u>Library Activity</u>
11-01-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Niaga		<u>HOLIDAY</u>
12-01-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-Patient Relationship Faculty: Dr. Megha C N (Senior Resident)	Dr.Mehul		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

13-01-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing and Mental Status Examination Faculty: Dr.Anuradha. S.N (Assoc. Prof)	Dr.Nidhi		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
14-01-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr. Mythresh S		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
15-01-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Nidhi		<u>HOLIDAY</u>
16-01-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr. Yamini.D (Asst. Prof)	Dr.Mounika		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof) <u>Academic Society Topics:</u> (Department of Endocrinology) 1. "Intricacies in the pathogenesis of obesity" Presenter: Dr. Dhananjaya MS, Associate Professor, Endocrinology.

				2. Pharmacotherapy for obesity: Expanding horizon Presenter: Dr Shruthi R, Assistant Professor, Endocrinology. II. CPC: (Department of Endocrinology) "A grave disease hidden in Graves's disease" Presentation By: 1. Dr. Bhavishya Desai, Senior resident, Endocrinology 2. Dr. Lohit, Postgraduate student, Pathology Moderators: Dr. Vijaya Sarathi H A, Professor & Head, Endocrinology and Dr. Shilpa L, Professor, Pathology
17-01-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Substance Use Disorders Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr.Megha R	<u>Library Activity</u>
18-01-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Meghana	<u>HOLIDAY</u>
19-01-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Gourishankar M	• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

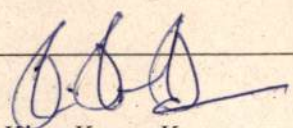
		<u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Megha C N (Senior Resident)			
20-01-2026	Tuesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic:Anxiety Disorders I (Excl. OCD) Faculty: Dr. Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Alcohol use disorder- Dependence, withdrawal , treatment Presenter: Dr. Drishya S Panikkar	Dr. Kethan		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
21-01-2026	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II (OCD) Faculty: Dr.Anuradha. S.N (Assoc. Prof) <u>IMO SEMINAR</u> Topic: Obsessive-Compulsive Disorder (OCD) -Symptoms and basic management Presenter: Dr. G Ketan	Dr.Hanssika		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

22-01-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders III Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Schizophrenia -Symptoms, diagnosis , treatment basics Presenter: Dr.Ganesh Cg	Dr.Ganesh R		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
23-01-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Mania -key features, differences from hypomania and treatment Presenter:	Dr.Harini		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
24-01-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Harshit P		<u>Library Activity</u>

		UG Clinicals 3rd year MBBS Topic: End Posting Assessment Faculty: Dr. Sudharshan R. (Asst. Prof) IMO SEMINAR Topic: Depression – Core features, diagnosis, and management Presenter: Dr. Gitanjali			
25-01-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Ganesh C G		<u>HOLIDAY</u>
26-01-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) IMO SEMINAR Topic: Delirium -Causes , clinical features, treatment basics Presenter: Dr. Gourishankar	Dr.Abhay		<u>HOLIDAY</u>
27-01-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Doctor -Patient relationship Faculty: Dr.Kiran Kumar.K (Prof. and HOD) IMO SEMINAR Topic: Dementia – Common types and key differences Presenter: Dr.Ganesh R	Dr.Geethanjali		De-addiction Clinic Dr.Megha C N (Senior Resident)

28-01-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing and MSE Faculty: Dr.Anuhya (Senior Resident) <u>IMO SEMINAR</u> Topic: Anxiety Disorders – Panic disorder, GAD, and phobias (overview) Presenter: Dr. Harini Srinivas	Dr.Drishya		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
29-01-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Mental Health Care Act (MHCA) 2017 – Important points every doctor should know Presenter: Dr. Harshit P	Dr.Shashank		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
30-01-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Rahul		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr. Yamini.D (Asst. Prof)		Academic Society Topics: (Department of Anatomy) "The Role of Project-Based Learning in Enhancing Academic, its Association with Communication, Creativity, and Collaboration Skills Amongst MBBS Students" Presenter: Dr. Roopashree Ramakrishna, Professor, Department of Anatomy. CPC: (Department of General Surgery) "Super microsurgical Lymphatic venous Anastomosis for Lymphedema-A CPC Perspective" Presentation By: Dr. Safana Rafiq, Postgraduate Resident, Department of General Surgery. Dr. Parli Kothari, Postgraduate Resident, Department of Plastic Surgery. Moderators: Dr. Sharan Javali, Professor of Surgery and Dr. Thyagaraj J., Professor & Head, Plastic Surgery.
31-01-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr.Rishi J	Library Activity


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