

Vydehi Institute of Medical Sciences & Research Centre

#82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.

Undergraduate (MBBS) Teaching Schedule for the Month of **May - 2026**

Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-05-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.Nagavallika		<u>HOLIDAY</u>
02-05-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr. Megha C N (Senior Resident)	Dr.Nithin R B		<u>Library Activity</u>
03-05-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.Akshay		<u>HOLIDAY</u>

04-05-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Cognitive Assessment in Psychiatry: Domains, Bedside Tests and Screening Tools (MMSE, MoCA) Presenter: Dr. Poornima Dr.Prathyusha	Dr. Praveen		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
05-05-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II Faculty : Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Thought Disorders: Delusion, Overvalued Idea and Obsession – Clinical Differentiation Presenter: Dr.Praveen Dr.Preethi	Dr.Bhoomika		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
06-05-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof)	Dr.Poornima		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

		Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders I Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Hallucinations, Illusions and Pseudohallucinations – Clinical Identification Presenter: Dr.Pushpraj Dr.Bhoomika			
07-05-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders II Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Positive vs Negative Symptoms in Schizophrenia and Their Clinical Assessment Presenter: Dr.Rachita	Dr.Preethi		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
08-05-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.Pushparaj		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Assessment Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Approach to an Acutely Agitated Patient in the Emergency Setting Presenter: Dr.Rajesh			
09-05-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr.Rajesh		<u>Library Activity</u>
10-05-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.Rakshith H C		<u>HOLIDAY</u>
11-05-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor–Patient Relationship Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Rachita		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		<u>IMO SEMINAR</u> Topic: Alcohol Withdrawal Syndrome: Recognition, CIWA-Ar Scoring and Management Presenter: Dr.Rakshita			
12-05-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing & Mental Status Examination Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Antipsychotic Medications: Indications, Side Effects and Monitoring Presenter: Dr.Rakshith H C	Dr.Rama Devi		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
13-05-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Suicide Risk Assessment: Warning Signs, Risk Factors and Immediate Management Presenter: Dr.Rakshith J V	Dr.Rakshith J V		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

14-05-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Differentiating Delirium, Dementia and Depression Presenter: Dr.Rama Devi	Dr.Praveen	• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
15-05-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Suicide module Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Prathyusha	• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
16-05-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr.Rakshita	<u>Library Activity</u>

17-05-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.Rachita		<u>HOLIDAY</u>
18-05-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Cognitive Assessment in Psychiatry: Domains, Bedside Tests and Screening Tools (MMSE, MoCA) Presenter: Dr. Revanth R Kaundinya	Dr. Mahita		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
19-05-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Thought Disorders: Delusion,	Dr.Rishi Kumar G		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

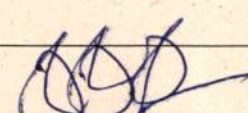
		Overvalued Idea and Obsession – Clinical Differentiation Presenter: Dr. Rishabh R Reddy			
20-05-2026	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders I Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Hallucinations, Illusions and Pseudohallucinations – Clinical Identification Presenter: Dr. Rishi Kumar G	Dr.Rohan G Roy		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
21-05-2026	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders II Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Positive vs Negative Symptoms in Schizophrenia and Their Clinical Assessment Presenter: Dr. Rohan G Roy	Dr.Rishabh R Reddy		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)

22-05-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Assessment Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Approach to an Acutely Agitated Patient in the Emergency Setting Presenter: Dr. S Mahita	Dr.S Pawan Murthy		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
23-05-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr Anuhya R (Senior Resident)	Dr.Revanth R		<u>Library Activity</u>
24-05-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.Mahita		<u>HOLIDAY</u>
25-05-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof)	Dr.S Sridevi Karthika		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor–Patient Relationship Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Alcohol Withdrawal Syndrome: Recognition, CIWA-Ar Scoring and Management Presenter: Dr. S Pawan Murthy			
26-05-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Antipsychotic Medications: Indications, Side Effects and Monitoring Presenter: Dr. S Sridevi Karthika	Dr.Rishabh R Reddy		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
27-05-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.S Pawan Murthy		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

		UG Clinicals 3rd year MBBS Topic: Depression I Faculty: Dr. Sudharshan R. (Asst. Prof)			
28-05-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) UG Clinicals 3rd year MBBS Topic: Depression II Faculty: Dr Anuhya R (Senior Resident) IMO SEMINAR Topic: Suicide Risk Assessment: Warning Signs, Risk Factors and Immediate Management Presenter: Dr. Revanth R Kaundinya	Dr.Rishi Kumar G		• Psycho motor clinic Dr.Kiran kumar.K (Prof. and HOD) • Headache clinic Dr. Sudharshan R. (Asst. Prof) I. Academic Society topics "Ethical and legal aspects of withdrawing/ withholding of life support in critical/terminal illness patients?!" Presenter: Dr. Jagadeesh N., Professor & Head, Department of Forensic Medicine. Moderator: Dr. Padmini Hannah Noone, Professor, Department of Forensic Medicine. II. CPC: (Department of Paediatrics) "The Child, The Respiratory Crisis & The Concealed Diagnosis" Presentation By: 1. Dr. Hasvitha G, Final Year Resident, Department of Paediatrics. 2. Dr. Chirag M Reddy, Final Year Resident, Department of Radio Diagnosis. 3. Dr. Ravi S., Tutor, Department of Pathology. 4. Dr. Bhuvana J., Senior Resident, Department of Medical Oncology. 5. Moderators: Dr. Mithila Das Mazumder., Associate Professor, Department of Paediatrics; Dr. Jehenan Mary Varuny, Department of Radio Diagnosis; Dr. Radha RK., Professor, Department of Pathology & Dr. Tanusree Paul, Senior Resident, Department of Medical Oncology

29-05-2026	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression III Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Differentiating Delirium, Dementia and Depression Presenter: Dr. Rishabh R Reddy	Dr.Rohan G Roy		
30-05-2026	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Suicide module Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.S Mahita		
31-05-2026	Sunday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.S Sridevi Karthika		


Dr.Kiran Kumar.K,
Professor & HOD,
Department of Psychiatry.
Dr. Kiran Kumar K.
MBBS, MD (Psychiatry)
Professor & HOD
Department of Psychiatry, VIMS & RC
KMC: 71326