

Vydehi Institute of Medical Sciences & Research Centre

#82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.

Undergraduate (MBBS) Teaching Schedule for the Month of **March- 2026**

Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-03-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)	Dr. Kavyashree G B		<u>HOLIDAY</u>
02-03-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Megha C N (Senior Resident)			• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
03-03-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I (Excl. OCD) Faculty: Dr. Yamini.D (Asst. Prof)			<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

04-03-2026	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II (OCD) Faculty: Dr.Anuradha. S.N (Assoc. Prof)			<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
05-03-2026	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders III Faculty: Dr.Kiran Kumar.K (Prof. and HOD)			• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
06-03-2026	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Megha C N (Senior Resident)			• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)

07-03-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr. Sudharshan R. (Asst. Prof)			<u>Library Activity</u>
08-03-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)			<u>HOLIDAY</u>
09-03-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor–Patient Relationship Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Cognitive Assessment in Psychiatry: Domains, Bedside Tests and Screening Tools (MMSE, MoCA) Presenter:Dr.Saba	Dr. Sai Nikshiptha		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

10-03-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing & Mental Status Examination Faculty: Dr Anuhya (SR) <u>IMO SEMINAR</u> Topic: Thought Disorders: Delusion, Overvalued Idea and Obsession – Clinical Differentiation Presenter:Dr.Sanchith	Dr. Sanskar		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
11-03-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders I Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Hallucinations, Illusions and Pseudohallucinations – Clinical Identification Presenter:Dr.Sai Sanmathi	Dr. Sanjana H M		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
12-03-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)	Dr. Sanjana Satish		<u>HOLIDAY</u>

		<u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders II Faculty: Dr Anuhya (Senior Resident)			
		<u>IMO SEMINAR</u> Topic: Positive vs Negative Symptoms in Schizophrenia and Their Clinical Assessment Presenter:Dr.Sai Nikshiptha			
13-03-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)	Dr. Saurabh		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
		<u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr. Megha C N (Senior Resident)			
		<u>IMO SEMINAR</u> Topic: Approach to an Acutely Agitated Patient in the Emergency Setting Presenter:Dr.Samhita			
14-03-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)	Dr. Sai Sanmathi		<u>Library Activity</u>
		<u>UG Clinicals 3rd year MBBS</u> Topic: Integration (Prescription Drug Dependence & OTC Misuse) Faculty: Dr. Sudharshan R. (Asst. Prof)			

15-03-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)	Dr. Sanchith		<u>HOLIDAY</u>
16-03-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Alcohol Withdrawal Syndrome: Recognition, CIWA-Ar Scoring and Management Presenter:Dr.Sanjana Aithal	Dr. Sanjana H M		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
17-03-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I (Excluding OCD) Faculty: Dr Anuhya (Senior Resident) <u>IMO SEMINAR</u> Topic: Antipsychotic Medications: Indications, Side Effects and Monitoring Presenter:Dr.Sanjana H M	Dr. Sanskar		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

18-03-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II (OCD) Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Suicide Risk Assessment: Warning Signs, Risk Factors and Immediate Management Presenter:Dr.Sanjana Satish	Dr. Sanjana Satish		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
19-03-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)	Dr. Saba		<u>HOLIDAY</u>
20-03-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders III Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Differentiating Delirium, Dementia and Depression Presenter:Dr.Sanskar	Dr. Saurabh		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)

21-03-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr Anuhya (Senior Resident)	Dr. Samhita	<u>Library Activity</u>
22-03-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)	Dr. Sanjana Aithal	<u>HOLIDAY</u>
23-03-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor–Patient Relationship Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Mental Status Examination in Psychiatry: Structure, Domains and Clinical Application Presenter: Dr Shifa	Dr.Shravya	• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
24-03-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof)	Dr.Sheryl Yadav	<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

		Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing & Mental Status Examination Faculty: Dr Anuhya (Senior Resident) <u>IMO SEMINAR</u> Topic: Mood and Affect in Clinical Practice: Assessment and Differentiation Presenter: Dr Sherin			
25-03-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)- Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders I Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Thought Disorders in Psychiatry: Form, Content and Clinical Identification Presenter: Dr Sheryl	Dr.Sindhu		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
26-03-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Suicide module Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Sherin		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)

		<u>IMO SEMINAR</u> Topic: Perceptual Disturbances; Hallucinations, Illusions and Their Clinical Significance Presenter: Dr Shravya			
27-03-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders II Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Depressive Disorders: Clinical Features, Risk Assessment and Initial Management Presenter: Dr Sree Rupika	Dr.Shreya Kumar		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof) I. <u>Academic Society Topics: (Department of Biochemistry)</u> "From Sample to Clinical Decision- Improving Accountability and Awareness in ABG testing at Point of Care" Presenter: Dr. Nina M. Veigas, Associate Professor, Department of Biochemistry. Moderator: Dr. Mangala N. Sirsikar, Professor, Department of Biochemistry. II. <u>CPC: (Department of OBG)</u> "HCG trap" Presentation By: 1. Dr. Sanjana M., Senior Resident, Department of OBG. 2. Dr. Rachana Shankargowda, Final year PG, Department of Radiology. 3. Dr. Charita, 2nd year PG, Department of Pathology. Moderators: Dr. Aparna Nair, Professor& Head, Department of OBG & Dr. Suresh A., Professor& Head, Department of Radio Diagnosis.

28-03-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr.Shifa		<u>Library Activity</u>
29-03-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident)	Dr.Shreya NB		<u>HOLIDAY</u>
30-03-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Bipolar Disorder: Recognition of Mania, Hypomania and Long- term Management Presenter: Dr Shreya B R	Dr.Shravya		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

31-03-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya (Senior Resident) UG Clinicals 3rd year MBBS Topic: Anxiety Disorders I (Excluding OCD) Faculty: Dr Anuhya (Senior Resident) IMO SEMINAR Topic: Schizophrenia: Clinical Features, Symptom Domains and Course of Illness Presenter: Dr Shreya Kumar	Dr.Shreyanka		De-addiction Clinic Dr.Megha C N (Senior Resident)
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Dr.Kiran Kumar.K ,
Professor & HOD,
Department of Psychiatry.

Dr. Kiran Kumar K.
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