

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.
 Undergraduate (MBBS) Teaching Schedule for the Month of **February - 2026**
Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-02-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident)	Dr.Aman Khandelwal		<u>HOLIDAY</u>
02-02-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Megha C N (Senior Resident)	Dr.Harshitha		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
03-02-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident)	Dr.Bhuvan		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

		UG Clinicals 3rd year MBBS Topic: Anxiety Disorders I (Excl. OCD) Faculty: Dr. Yamini.D (Asst. Prof)			
04-02-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) UG Clinicals 3rd year MBBS Topic: Anxiety Disorders II (OCD) Faculty: Dr.Anuradha. S.N (Assoc. Prof)	Dr.Hemanth.J		Child Guidance clinic Dr. Sudharshan R. (Asst. Prof)
05-02-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) UG Clinicals 3rd year MBBS Topic: Anxiety Disorders III Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Iqra		• Psycho motor clinic Dr.Kiran kumar.K (Prof. and HOD) • Headache clinic Dr. Sudharshan R. (Asst. Prof)
06-02-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) UG Clinicals 3rd year MBBS Topic: Review Faculty: Dr. Megha C N (Senior Resident)	Dr.Ira		• Family counseling • Community psychiatry Dr.Yamini.D (Asst. Prof)

07-02-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr. Sudharshan R (Asst. Prof)	Dr.Priya		<u>Library Activity</u>
08-02-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident)	Dr.Huzaif		<u>HOLIDAY</u>
09-02-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor -Patient relationship Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Hemanth Patel		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
10-02-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof)	Dr.Jiya		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

		Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing and MSE Faculty: Dr. Anuhya R (Senior Resident)			
11-02-2026	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Jeevan		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
12-02-2026	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr. Yamini.D (Asst. Prof)	Dr.Jagathi		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
13-02-2026	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof)	Dr.Hresha		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)

		Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders Faculty: Dr. Sudharshan R (Asst. Prof)			
14-02-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Integration (Saturday 8am to 1pm) Faculty: Dr. Megha C N (Senior Resident)	Dr.Huzaif		<u>Library Activity</u>
15-02-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident)			<u>HOLIDAY</u>
16-02-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Megha C N (Senior Resident)	Dr. Karthik Subrahmanya		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

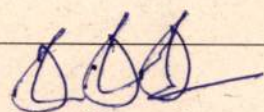
17-02-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I (Excl. OCD) Faculty: Dr. Yamini.D (Asst. Prof)	Dr.Kavya S		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
18-02-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II (OCD) Faculty: Dr.Anuradha. S.N (Assoc. Prof)	Dr.Keerthana.A		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
19-02-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders III Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Maruthi		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)

20-02-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Megha C N (Senior Resident)	Dr.Kavya S		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
21-02-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Faculty: Dr. Sudharshan R (Asst. Prof)	Dr.K Bhavana S		<u>Library Activity</u>
22-02-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident)	Dr.Kavinya		<u>HOLIDAY</u>
23-02-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident)	Dr.Maruthi		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Doctor -Patient relationship Faculty: Dr.Kiran Kumar.K (Prof. and HOD)			
24-02-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing and MSE Faculty: Dr. Anuhya R (Senior Resident)	Dr.Kishan K Reddy		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
25-02-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Kavyashree G B (84)		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
26-02-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident)	Dr.Keerthana.A		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)

		UG Clinicals 3rd year MBBS Topic: Depression II Faculty: Dr. Yamini.D (Asst. Prof)			
27-02-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) UG Clinicals 3rd year MBBS Topic: Substance Use Disorders Faculty: Dr. Sudharshan R (Asst. Prof)	Dr.Kishan K Reddy		• Family counseling • Community psychiatry Dr.Yamini.D (Asst. Prof) I. Academic Society Topics: (Department of Physiology) 1. "Unfolding the Neuroscience of Voluntary Sleep Deprivation and Its Impact on Cognition" Presenter: Dr. Shreemukhi G., Assistant Professor Department of Physiology. Moderator: Dr. Vinodh R S., Associate Professor Department of Physiology. II. CPC: (Department of General Medicine) "THE IMITATION GAME" Presentation By: 1. Dr Shravani L., Third year Postgraduate Resident, Department of General Medicine. 2. Dr. Vijaya Pandey, Senior Resident, Department of Pathology. 3. Dr Shruthi S., First year Surgical Oncology Resident, Department of Surgical-Oncology. Moderators: Dr. Rama Mishra R., Professor And unit 4 chief, Department of General Medicine & Dr. Shailaja K., Associate Professor, Department of Pathology.

28-02-2026	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R (Asst. Prof) Dr. Megha C N (Senior Resident) Dr. Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Integration (Saturday 8am to 1pm) Faculty: Dr. Megha C N (Senior Resident)	Dr.Kavinya		<u>Library Activity</u>
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Dr.Kiran Kumar.K ,
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Department of Psychiatry.
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