

Vydehi Institute of Medical Sciences & Research Centre

#82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.

Undergraduate (MBBS) Teaching Schedule for the Month of April - 2026

Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-04-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) UG Clinicals 3rd year MBBS Topic: Anxiety Disorders II (OCD) Faculty: Dr. Sudharshan R. (Asst. Prof) IMO SEMINAR Topic: Acute Psychosis: Differential Diagnosis and Emergency Management Presenter: Dr Shreya NB	Dr.Sindhu		Child Guidance clinic Dr. Sudharshan R. (Asst. Prof)
02-04-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) UG Clinicals 3rd year MBBS Topic: Assessment Faculty: Dr. Megha C N (Senior Resident)	Dr.Rupika		• Psycho motor clinic Dr.Kiran kumar.K (Prof. and HOD) • Headache clinic Dr. Sudharshan R. (Asst. Prof)

		<u>IMO SEMINAR</u> Topic: Antipsychotic Medications: Indications, Side Effects and Monitoring Presenter: Dr Shreyanka			
03-04-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders III Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Antidepressants and Anxiolytics: Indications, Selection and Rational Use Presenter: Dr Sindhu	Dr.Shreya Nb		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
04-04-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr. Megha C N (Senior Resident)	Dr.Sheryl Yadav		<u>Library Activity</u>
05-04-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.Shreya BR		<u>HOLIDAY</u>

06-04-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor–Patient Relationship Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Cognitive assessment in psychiatry: domains, bedside tests and screening tools (mmse, moca) Presenter: Dr. Sirisha C S	Dr. Sirisha C S		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
07-04-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing & Mental Status Examination Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Thought disorders: delusion, overvalued idea and obsession – clinical differentiation Presenter: Dr. Sriram Prakash K	Dr. Sriram Prakash K		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

08-04-2026	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Hallucinations, illusions and pseudohallucinations – clinical identification Presenter: Dr. Sujal Prakash Naidu	Dr. Sujal Prakash Naidu		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
09-04-2026	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Positive vs negative symptoms in schizophrenia and their clinical assessment Presenter: Dr. Sudeep N D	Dr. Sudeep N D		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
10-04-2026	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr. Spandana K		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Suicide module Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Approach to an acutely agitated patient in the emergency setting Presenter: Dr. Spandana K			
11-04-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Alcohol withdrawal syndrome: recognition, ciwa-ar scoring and management Presenter: Dr. Smruthi Gopi (165)	Dr. Smruthi Gopi		<u>Library Activity</u>
12-04-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Antipsychotic medications: indications, side effects and monitoring Presenter: Dr. Sriram Rebala	Dr. Sirisha C S		<u>HOLIDAY</u>

13-04-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Suicide risk assessment: warning signs, risk factors and immediate management Presenter: Dr. Srijha Cheemala	Dr. Sriram Rebala		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
14-04-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr. Smruthi Gopi		<u>HOLIDAY</u>
15-04-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders I Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr. Srijha Cheemala		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

16-04-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders II Faculty: Dr Anuhya R (Senior Resident)	Dr. Sujal Prakash Naidu		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
17-04-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Assessment Faculty: Dr. Megha C N (Senior Resident)	Dr. Srijha Cheemala		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
18-04-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr Anuhya R (Senior Resident)	Dr. Spandana K		<u>Library Activity</u>
19-04-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof)	Dr. Sudeep N D		<u>HOLIDAY</u>

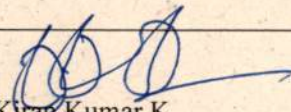
		Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)			
20-04-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr. Nikitha Yadav		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
21-04-2026	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Cognitive Assessment in Psychiatry: Domains, Bedside Tests and Screening Tools (MMSE, MoCA) Presenter: Dr. Nikita R	Dr.Nima Jasmine		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
22-04-2026	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Thought Disorders: Delusion, Overvalued Idea and Obsession – Clinical Differentiation Presenter: Dr.Nikita Yadav	Dr.Girish		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

23-04-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Hallucinations, Illusions and Pseudo hallucinations – Clinical Identification Presenter: Dr.Nima Jasmine M	Dr.Pavan Krishna	• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
24-04-2026	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Positive vs Negative Symptoms in Schizophrenia and Their Clinical Assessment Presenter: Dr.Nitin R B	Dr.Nikitha Chakravarti	• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof) Academic Society Topics: (Department of Pharmacology) “The one-year journey of Materiovigilance at VIMS& RC” Presenter: Dr. Annwasha Chaudhury, Senior Resident, Department of Pharmacology. Moderator: Dr. Ananya Chakraborty, Professor & Head, Department of Pharmacology. CPC: (Department of Orthopaedics) “Reimplantation of irradiated bone in a 5yrs old child for swelling in the arm” Presentation By: 1. Dr. Raviraj, Assistant Professor, Department of Orthopaedics. 2. Dr. Kashyap, Assistant Professor, Department of Radiotherapy. 3. Dr. Athulya G., Final year post graduate, Department of Pathology. 4. Dr. Sruthi, 2nd year resident, Department of Surgical Oncology.

					Moderators: Dr. Aravind J D., Professor, Department of Orthopaedics, Dr. Arpitha S., Department of Radiotherapy, Dr. Shilpa L., Professor, Department of Pathology & Dr. Amrutha, Associate Professor, Department of Surgical Oncology.
25-04-2026	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Approach to an Acutely Agitated Patient in the Emergency Setting Presenter: Dr.Nithya S	Dr.P Vennela		<u>Library Activity</u>
26-04-2026	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident)	Dr.Chiranth S		<u>HOLIDAY</u>
27-04-2026	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II Faculty: Dr. Megha C N (Senior Resident)	Dr.Praveen		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		<u>IMO SEMINAR</u> Topic: Alcohol Withdrawal Syndrome: Recognition, CIWA-Ar Scoring and Management Presenter: Dr.P B Sagar			
28-04-2026	Tuesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders I Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Antipsychotic Medications: Indications, Side Effects and Monitoring Presenter: Dr.P Venella	Dr.Pavan Krishna		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
29-04-2026	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders II Faculty: Dr Anuhya R (Senior Resident) <u>IMO SEMINAR</u> Topic: Suicide Risk Assessment: Warning Signs, Risk Factors and Immediate Management Presenter: Dr.Pallavi S	Dr.Pallavi		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

30-04-2026	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) Dr Anuhya R (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Assessment Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Differentiating Delirium, Dementia and Depression Presenter: Dr.Pavan B R Dr.Pavan Krishna S	Dr.P B Sagar	• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
------------	----------	---	--------------	--


Dr.Kiran Kumar.K ,
Professor & HOD,
Department of Psychiatry.

Dr. Kiran Kumar K.
MBBS, MD (Psychiatry)
Professor & HOD
Department of Psychiatry, VIMS & RC
KMC: 71326