

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066,
 Undergraduate (MBBS) Teaching Schedule for the Month of December - 2025
Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-12-2025	Monday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr. Sudharshan R. (Asst. Prof)			• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
02-12-2025	Tuesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I (Excl. OCD) Faculty: Dr. Yamini.D (Asst. Prof)			<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
03-12-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II (OCD) Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Akshitha		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)

04-12-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders III Faculty: Dr. Megha C N (Senior Resident)	Dr.A.Bharath Kalyan		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
05-12-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Review Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr.Amartya		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
06-11-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr. Megha C N (Senior Resident)	Dr.Ambika		<u>Library Activity</u>
07-12-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Amogh		<u>HOLIDAY</u>

08-12-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-Patient Relationship Faculty: Dr.Anuradha. S.N (Assoc. Prof)	Dr. Kushal Bs	• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
09-12-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing and Mental Status Examination Faculty: Dr. Megha C N (Senior Resident)	Dr.Kokila Kesani	<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
10-12-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders I Faculty: Dr. Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Schizophrenia – Symptoms, diagnosis, and treatment basics Presenter: Dr. Likitha A	Dr.Likitha	<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

11-12-2025	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders II Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Obsessive-Compulsive Disorder (OCD) –Symptoms and basic management Presenter: Dr. Kokila Kesani	Dr.M Manoj	• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
12-12-2025	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Alcohol Use Disorder – Dependence, withdrawal, and treatment Presenter: Dr. Kushal Bs	Dr. M Diwakar	• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof) <u>Academic Society Topics: (Department of Neurology)</u> 1. "From GBS Mimic to Nodopathy: Cracking The Diagnostic Puzzle" Presenter: Dr. T. Aishwarya, Senior Resident 2. Comprehensive Epilepsy Services at VIMS & RC. Presenter: Dr. Divya Nagabushana, Associate Professor 3. Neurologic Therapeutic Procedures. Presenter: Dr. Rashmi Devaraj, Assistant Professor. <u>CPC: (Department of Neurology)</u> "The Triple Agony Affecting Sight, Sound and Brain" Presentation By: 1. Dr. CBV Saradhi, Senior Resident, Department of Neurology. 2. Dr. S. Mohan, Assistant Professor, Department of Ophthalmology.

					3. Dr. S. Jaya Sandeep, Assistant Professor, Department of ENT. Moderators: Dr. Mohan P Channappanavar, Professor & Head, Department of Neurology.
13-12-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Integration Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Delirium – Causes, clinical features, and treatment basics Presenter: Dr. M Parichaya	Dr. M Parichaya		<u>Library Activity</u>
14-12-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Mr Bhoomika Ravindra		<u>HOLIDAY</u>
15-12-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Depression – Core features, diagnosis, and management Presenter: Dr. Ms Vennela	Dr.Ms Sirigamya		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

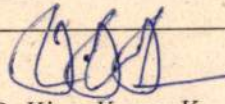
		IMO SEMINAR Topic: Anxiety Disorders – Panic disorder, GAD, and phobias (overview) Presenter: Dr. M Manoj			
19-12-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Review Faculty: Dr. Sudharshan R. (Asst. Prof) IMO SEMINAR Topic: Mental Health Care Act (MHCA) 2017 – Important points every doctor should know Presenter: Dr. M Diwakar	Dr.M Parichaya		• Family counseling • Community psychiatry Dr.Yamini.D (Asst. Prof)
20-12-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: End Posting Assessment Faculty: Dr. Yamini.D (Asst. Prof)	Dr.M Diwakar		Library Activity
21-12-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.M S Sirigamya		HOLIDAY

16-12-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I (Excl. OCD) Faculty: Dr. Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Mania – Key features, differences from hypomania, and treatment Presenter: Dr.MR Bhoomika Ravindra	Dr.MS Vennela		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
17-12-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders II (OCD) Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Dementia – Common types and key differences Presenter: Dr. Ms Sirigamya	Dr.M Manoj		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
18-12-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders III Faculty: Dr. Megha C N (Senior Resident)	Dr.Kushal B S		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)

25-12-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Obsessive-Compulsive Disorder (OCD) –Symptoms and basic management Presenter: Dr.Madhumitha A	Dr.Mahammad Sulthan A S		<u>HOLIDAY</u>
26-12-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression I Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Alcohol Use Disorder – Dependence, withdrawal, and treatment Presenter: Dr. Madhumitha S	Dr.Mahikaa Kaul		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
27-12-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Integration Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Delirium – Causes, clinical features, and treatment basics Presenter: Dr.Maha Sasmitha	Dr.Megha Bhat		<u>Library Activity</u>

22-12-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-Patient Relationship Faculty: Dr.Anuradha. S.N (Assoc. Prof)	Dr.Maha Sasmitha		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
23-12-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing and Mental Status Examination Faculty: Dr. Megha C N (Senior Resident)	Dr.Madhumitha S		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
24-12-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders I Faculty: Dr. Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Schizophrenia – Symptoms, diagnosis, and treatment basics Presenter: Dr.Mahammad Sulthan A S	Dr.Madhumitha A		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

31-12-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Anxiety Disorders II (OCD) Faculty: Dr.Kiran Kumar.K (Prof. and HOD) IMO SEMINAR Topic: Dementia – Common types and key differences Presenter: Dr. Mahima S Reddy	Dr.Mahima S Reddy		Child Guidance clinic Dr. Sudharshan R. (Asst. Prof)
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Dr.Kiran Kumar.K ,
Professor & HOD,
Department of Psychiatry.

Dr. Kiran Kumar K.
MBBS, MD (Psychiatry)
Professor & HOD
Department of Psychiatry, VIMS & RC
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28-12-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Manisha P M Sahadev		<u>HOLIDAY</u>
29-12-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression II Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Depression – Core features, diagnosis, and management Presenter: Dr. Mahika Kaul	Dr.Manoj Ganesh M		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
30-12-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders I (Excl. OCD) Faculty: Dr. Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Mania – Key features, differences from hypomania, and treatment Presenter: Dr. Manpreet Singh Vittal	Dr.Manpreet Singh Vittal		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)