

Vydehi Institute of Medical Sciences & Research Centre

#82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.

Undergraduate (MBBS) Teaching Schedule for the Month of November - 2025

Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-11-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Lakshitha K N		<u>HOLIDAY</u>
02-11-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Sohini Saha		<u>HOLIDAY</u>
03-11-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Subrat		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
04-11-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression Overview Faculty: Dr. Yamini.D (Asst. Prof)	Dr.Amogh		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

05-11-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Management of Depression & Suicide Risk Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr.Bharath		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
06-11-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders (Excl. OCD) Faculty: Dr. Megha C N (Senior Resident)	Dr.Amartya		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
07-11-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Obsessive Compulsive Disorder Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Akash PM		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
08-11-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Akshitha		<u>Library Activity</u>

		UG Clinicals 3rd year MBBS Topic: End Posting Assessment Faculty: Dr. Megha C N (Senior Resident)			
09-11-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr.Saavarni		<u>HOLIDAY</u>
10-11-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Introduction to Psychiatry Faculty: Dr. Megha C N (Senior Resident) IMO SEMINAR Topic: Depression - core, features, diagnosis and management Presenter: Dr.Sree raksha	Dr.Aditi		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
11-11-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Doctor-Patient Relationship Faculty: Dr. Sudharshan R. (Asst. Prof) IMO SEMINAR Topic: Obsessive Compulsive Disorder (OCD) - Symptoms and basic management Presenter: Dr.vedanth Shetty	Dr.Sree Raksha		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

12-11-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing Faculty: Dr. Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Mania - Key features, differences from hypomania, and treatment Presenter: Dr. Saavarni	Dr.Akash S		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
13-11-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Status Examination Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Schizophrenia - symptoms, diagnosis and treatment basics Presenter: Dr.Adithi B	Dr.Ambika		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
14-11-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Health Concepts & Stress Faculty: Dr. Megha C N (Senior Resident)	Dr.Amartya		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)

		IMO SEMINAR Topic: Delirium - causes, clinical features, and treatment basics Presenter: Dr.Akash P M			
15-11-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) IMO SEMINAR Topic: Anxiety Disorders - Panic disorders, GAD, phobias (overview) Presenter: Dr.Akash S	Dr.Akshara		<u>Library Activity</u>
16-11-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) IMO SEMINAR Topic: Mental Health Care Act (MHCA) 2017 - Important points every doctor should know Presenter: Dr.Akshara	Dr.Vedanth		<u>HOLIDAY</u>
17-11-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Substance Use Disorders Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr Ananya R		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

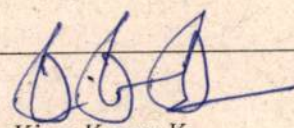
		<u>IMO SEMINAR</u> Topic: Depression - core, features, diagnosis and management Presenter: Dr. Ananya R			
18-11-2025	Tuesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression Overview Faculty: Dr.Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Obsessive Compulsive Disorder (OCD) - Symptoms and basic management Presenter: Dr.Ananya Shenoy	Dr Ananya Shenoy		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
19-11-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Management of Depression & Suicide Risk Faculty: Dr.Kiran Kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Mania - Key features, differences from hypomania, and treatment Presenter: Dr.Anisha K	Dr Asha KS		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)

20-11-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety Disorders (Excl. OCD) Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Schizophrenia - symptoms, diagnosis and treatment basics Presenter: Dr.Anushka	Dr Anushka Sen		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
21-11-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Obsessive Compulsive Disorder Faculty: Dr. Sudharshan R. (Asst. Prof) <u>IMO SEMINAR</u> Topic: Delirium - causes, clinical features, and treatment basics Presenter: Dr.Arwa AR	Dr Arwa		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
22-11-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: End Posting Assessment Faculty: Dr. Sudharshan R. (Asst. Prof)	Dr Anisha		<u>Library Activity</u>

		<u>IMO SEMINAR</u> Topic: Anxiety Disorders - Panic disorders, GAD, phobias (overview) Presenter: Dr.Arya			
23-11-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Mental Health Care Act (MHCA) 2017 - Important points every doctor should know Presenter: Dr.Asha	Dr Asha KS		<u>HOLIDAY</u>
24-11-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Introduction to Psychiatry Doctor-Patient Relationship Faculty: Dr.Anuradha. S.N (Assoc. Prof)	Dr Arya		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
25-11-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Basic Psychiatric Interviewing Faculty: Dr. Megha C N (Senior Resident)	Dr Ananya Shenoy		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

26-11-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Status Examination Faculty: Dr. Yamini.D (Asst. Prof)	Dr Anisha		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Asst. Prof)
27-11-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Mental Health Concepts & Stress Faculty: Dr.Kiran Kumar.K (Prof. and HOD)	Dr Anushka Sen		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Asst. Prof)
28-11-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Substance Use Disorders Faculty: Dr. Megha C N (Senior Resident)	Dr Arwa		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
29-11-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr Arya		<u>Library Activity</u>

		<u>UG Clinicals 3rd year MBBS</u> Topic: Family psycho-education in a patient with substance use disorder Faculty: Dr. Sudharshan R. (Asst. Prof)			
30-11-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr.Anuradha. S.N (Assoc. Prof) Dr. Yamini.D (Asst. Prof) Dr. Sudharshan R. (Asst. Prof) Dr. Megha C N (Senior Resident)	Dr Ananya Ramu		<u>HOLIDAY</u>


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