

Department of General Medicine

VIMS & RC

Teaching schedule of SGD classes for Phase III Part II **MBBS** students RS4 batch

JANUARY 2026

Days: Mondays and Saturdays

Timings: 2 PM to 4 PM (SGD)

Date	Competency Number	Topic	Specific Learning Objectives	TL Methods	Teaching Faculty
03/1/2026 (Saturday)	Medicine IM22.5,22.7	Hyponatremia Hypokalemia	22.5.1 Classify hyponatremia 22.5.2 Enumerate the causes of hyponatremia 22.5.3 Describe the clinical features hyponatremia 22.5.4 Discuss approach to the diagnosis and management of the patient with hyponatremia 22.7.1 Define hypokalemia 22.7.2 Enumerate the causes of hypokalemia 22.7.3 Describe the clinical features hypokalemia and ECG findings 22.7.4 Discuss approach to the diagnosis and management of the patient with hypokalemia	SGD	Dr Sara Dr Akhil
05/1/2026 (Monday)	Medicine IM 22.9, 22.10, 22.13	Metabolic acidosis and alkalosis	22.9.1 Enumerate the causes and describe the clinical and laboratory features of metabolic acidosis 22.9.2 Discuss high anion gap metabolic acidosis 22.9.3 Discuss management of metabolic acidosis 22.10.1 Enumerate the causes of describe the clinical and laboratory features of metabolic alkalosis 22.10.2 Discuss management of metabolic alkalosis 22.13.1 Enumerate the indications of ABG 22.13.2 Discuss the each	SGD	Dr Harsha Dr Nandeesh

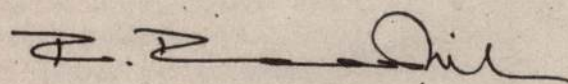
			parameters of ABG with clinical scenario 22.13.3 Discuss anion gap		
12/1/2026 (Monday)	Medicine IM22.11, 22.12, 22.6	Respiratory acidosis and alkalosis Hypernatremia	22.11.1 Enumerate the causes and describe the clinical and laboratory features of respiratory acidosis - case scenarios 22.12.2 Enumerate the causes and describe the clinical and laboratory features of respiratory alkalosis - case scenarios 22.6.3 Calculate the fluid deficit in hypernatremia 22.6.4 Discuss the various fluids used in the management of hypernatremia	SGD	Dr Vignesh Dr Femy
19/1/2026 (Monday)	Revision IM 4.3	Dengue Chikungunya	IM4.3.1. Describe the epidemiology, pathophysiology, clinical features of dengue IM4.3.2. Discuss the line of management of dengue fever based on severity IM4.3.3. Describe the epidemiology, pathophysiology, clinical features of chikungunya IM4.3.4. Discuss the line of management of chikungunya		Dr Bhavya Dr Satish
24/1/2026 (Monday)	Revision IM4.1 IM4.4 IM4.2	Fever HIV	IM4.1.1. Describe the influence of host immune status, risk factors and co morbidities on the febrile response IM4.4.1. Describe pathophysiology of inflammatory causes of fever IM4.4.2. Describe manifestations of inflammatory causes of fever IM4.2.1. Discuss the influence of special populations on the febrile response including: the elderly, immune suppression, malignancy, neutropenia, HIV and travelling to endemic area		Dr Sandhya Dr Spandana

26/1/2026 (Monday)	Revision IM 4.3	Malaria	M4.3.1. Describe the epidemiology, etiopathogenesis of malaria IM4.3.2. Diagnosis of malaria IM4.3.3. Complications and treatment of malaria IM4.3.4. Prescribe drugs for malaria based on the species identified, prevalence of drug resistance and national programs. IM4.3.5. Discuss the pharmacology, indications, drug reactions, and basis of resistance in antimalarial drugs IM4.3.6. Counsel the patient on malarial prevention	Dr Nikhilesh Dr Sravani
-----------------------	--------------------	---------	--	--------------------------------

Copy to:

Hon'ble Principal,

Notice board, Dept file



**HEAD OF DEPARTMENT
OF GENERAL MEDICINE**
Vydehi Institute of Medical Sciences
& Research Centre
Nallurahalli, EPIP Area,
Whitefield, Bangalore -560066

Department of General Medicine

VIMS & RC

Teaching schedule of Theory classes for Phase III Part II **MBBS** students RS4 batch

JANUARY- 2026

Days: Wednesdays and Fridays

REVISION CLASSES

Timings: 12.15 PM to 1.15 PM (Theory)

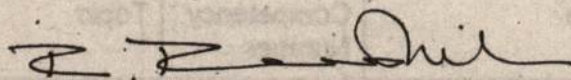
Date	Competency Number	Topic	Teaching Faculty
07/1/2026 (Wednesday)	Medicine	EPILEPSY	Dr RamaMishra
09/1/2026 (Friday)	Medicine	DIABETES MELLITUS AND ACUTE COMPLICATIONS	Dr Akshata
14/1/2026 (Wednesday)	Medicine	THYROID DISORDERS	Dr RamaMishra
16/1/2026 (Friday)	Medicine	IMPORTANT NUTRITIONAL DEFICIENCIES AND TPN	Dr Akshata
21/1/2026 (Wednesday)	Medicine	MALARIA	Dr RamaMishra
23/1/2026 (Friday)	Medicine	ANEMIA INCLUDING NUTRITIONAL AND HEMOLYTIC	Dr Akshata
28/1/2026 (Wednesday)	Medicine	COMMON MALIGNANCIES	Dr RamaMishra

30/1/2026 (Friday)	Medicine	HIV	Dr Akshata
-----------------------	----------	-----	------------

Copy to:

Hon'ble Principal,

Notice board, Dept file



HEAD OF DEPARTMENT
OF GENERAL MEDICINE
Vydehi Institute of Medical Sciences
& Research Centre
Nallurahalli, EPIP Area,
Whitefield, Bangalore -560066

Department of General Medicine

VIMS & RC

Teaching schedule of PANDEMIC MODULE for Phase III Part II MBBS students RS4 batch

JANUARY 2026

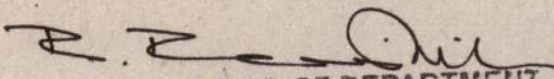
Days: FRIDAY

Timings: 2 PM to 4 PM

Date	Topic	TL Methods	Teaching Faculty
9/1/2026	PALLIATIVE CARE DURING PANDEMICS Interactive discussion – 1 hour Interactive Lecture with videos Visit to the palliative care unit – 1 hour a. Pain & palliation b. Educational activities regarding continuation of care and warning signs c. Monitoring using basic observations and examinations d. Nutritional care e. Emotional care	SGD	Dr Sumana Dr Dhruv
16/1/2026	Role Play – 1 hour Debriefing session - 1 hour	SGD	Dr Uma Dr Nivea
23/1/2026	MENTAL HEATH ISSUES DURING PANDEMIC Interactive Lecture with videos , group discussion and role play – 1 hour Debriefing session - 1 hour	SGD	Dr Spandana Dr Aditya

Copy to:
Hon'ble Principal,

Notice board, Dept file


HEAD OF DEPARTMENT
OF GENERAL MEDICINE
Vydehi Institute of Medical Sciences
& Research Centre
Nallurahalli, EPIP Area,
Whitefield, Bangalore -560066

Department of General Medicine (VIMS & RC)

Teaching schedule of SGD classes for Phase III Part I MBBS students 2023 BATCH

JANUARY 2026 (2 TO 4 PM SGD)

Date	Competency Number	Topic	Specific learning objectives	TI method	Teaching faculty
9/1/26	IM 10.14, 10.15	Examination of patient with renal disease	Elicit history to differentiate between AKI & CKD and to suggest aetiology of renal disease Perform systematic examination to establish diagnosis and stage of CKD, and features of uremia Generate differential diagnosis to suggest specific etiology	SGD	Dr. Sagar Dr. Ravikiran
16/1/26	IM 11.19, 11.20, 11.21, 12.9, 12.10, 12.11	Education and counselling of patient with diabetes	Demonstrate and counsel patients on the correct technique to administer insulin Demonstrate to and counsel patients on the correct technique of self-monitoring of blood glucoses Recognise the importance of patient preference while selecting therapy for diabetes Order and interpret diagnostic testing for thyroid disease Identify atrial fibrillation, pericardial effusion and bradycardia Interpret TFT	SGD	Dr. Sarika Dr. Divya

23/1/26	IM 12.9, 12.10, 12.11, 16.15, 16.16, 16.17	IBD	Choose and interpret diagnostic tests based on the clinical diagnosis including complete blood count, and stool examination Describe and enumerate the indications, pharmacology and side effects of pharmacotherapy including immunotherapy Describe and enumerate the indications for surgery in inflammatory bowel disease	SGD	Dr.Madhuri Dr.Aditya
---------	---	-----	--	-----	-------------------------

Copy to:

Hon'ble Principal,

Notice board, Dept File

Dr. Adh
24/12/25
HEAD OF DEPARTMENT
OF GENERAL MEDICINE
Vydehi Institute of Medical Sciences
& Research Centre
Nallurahalli, EPIP Area,
Whitefield, Bangalore -560066

Department of General Medicine (VIMS & RC)

**Teaching schedule of Theory classes for Phase III Part I MBBS students RS5
(batch 2023)**

JANUARY 2026 (Mondays 12.15 PM to 1.15 PM Theory)

Date	Competency number	Topic	Specific Learning Objectives	Teaching faculty
5/1/26	IM 11.6	Complications of diabetes	Describe and discuss the pathogenesis and precipitating factors, recognition and management of diabetic emergencies	Dr. Ameena
12/1/26	IM 11.11, 11.16, 11.17, 11.18, 11.22	Management of diabetes	Order and interpret laboratory tests to diagnose diabetes and its complications. Discuss and describe the pharmacologic therapies for diabetes their indications, contraindications, adverse reactions and interactions. Outline a therapeutic approach to therapy of T2Diabetes based on presentation, severity and complications in a cost-effect manner. Describe and discuss the pharmacology, indications, adverse reactions and interactions of drugs used in the prevention and treatment of target organ damage and complications of Type II Diabetes including neuropathy, nephropathy, retinopathy, hypertension, dyslipidemia and cardiovascular disease Enumerate the causes of hypoglycemia and describe the	Dr. Ameena

			counter hormone response and the initial approach and treatment	
19/1/26	IM 12.1, 12.2, 12.3, 12.4, 12.12, 12.13, 12.14, 12.15	Etiopathogenesis, diagnosis and management of thyroid disorders	Discuss the etiopathogenesis of hypothyroidism and hyperthyroidism Describe and discuss the physiology of the hypothalamopituitary - thyroid axis, principles of thyroid function testing Describe and discuss the principles of radio iodine uptake in the diagnosis of thyroid disorders Describe the pharmacology, indications, adverse reaction, interactions of thyroxine and antithyroid drugs Discuss iodization programs of GOI Write, communicate to the patient a prescription for thyroxine based on age, sex, and clinical, biochemical status	Dr. Ameena

Copy to:

Hon'ble Principal,

Notice board, Dept file

Dr. Ameena
24/12/25
HEAD OF DEPARTMENT
OF GENERAL MEDICINE
Vydehi Institute of Medical Sciences
& Research Centre
Nallurahalli, EPIP Area,
Whitefield, Bangalore -560066