

VYDEHI INSTITUTE OF MEDICAL SCIENCE & RESEARCH CENTRE

#82, EPIP Area, Nallurahalli, Whitefield, Bangalore – 560066

POSTGRADUATE TEACHING PROGRAMME FOR THE MONTH OF MARCH 2026

DEPARTMENT OF ENDOCRINOLOGY

Date	Day	10 AM – 1 PM (OPD)	2 PM – 4 PM (Academic Session)
01-03-2026	Sunday	HOLIDAY	HOLIDAY
02-03-2026	Monday	O.P.D	Faculty Discussion: Diabetic Nephropathy Dr Vijaya Sarathi
03-03-2026	Tuesday	O.P.D	Group Discussion: DTC – Updates
04-03-2026	Wednesday	O.P.D	Journal Club: 3 months vs 12 months of romosozumab for postmenopausal osteoporosis (LIDA): an open-label, non-inferiority, randomised controlled trial Dr Sonali
05-03-2026	Thursday	O.P.D	Subject Seminar: MTC Dr Hitesh
06-03-2026	Friday	O.P.D	
07-03-2026	Saturday	O.P.D	Case Presentation: Dr Harshitha
08-03-2026	Sunday	HOLIDAY	HOLIDAY
09-03-2026	Monday	O.P.D	Faculty Discussion: Hypocalcaemia Dr Dhananjay
10-03-2026	Tuesday	O.P.D	Group Discussion: Gynaecomastia
11-03-2026	Wednesday	O.P.D	Journal Club: Cycle characterisation and clinical complications in patients with cyclic Cushing's syndrome: insights from an international retrospective cohort study Dr Hitesh
12-03-2026	Thursday	O.P.D	Subject Seminar: Pilosebaceous Unit Dr Sonali
13-03-2026	Friday	O.P.D	
14-03-2026	Saturday	O.P.D	Case Presentation: Dr Bhavishya
15-03-2026	Sunday	HOLIDAY	HOLIDAY
16-03-2026	Monday	O.P.D	Faculty Discussion: XY DSD Dr Shruthi
17-03-2026	Tuesday	O.P.D	Group Discussion: Hypophosphatasia – Approach

18-03-2026	Wednesday	O.P.D	Journal Club: Oral Semaglutide at a Dose of 25 mg in Adults with Overweight or Obesity Dr Sonali
19-03-2026	Thursday	HOLIDAY	HOLIDAY
20-03-2026	Friday	O.P.D	
21-03-2026	Saturday	O.P.D	Case Presentation: Dr Harshitha
22-03-2026	Sunday	HOLIDAY	HOLIDAY
23-03-2026	Monday	O.P.D	Faculty Discussion: MEN Dr Shruthi
24-03-2026	Tuesday	O.P.D	Group Discussion: Monogenic DM
25-03-2026	Wednesday	O.P.D	Journal Club: Efficacy and safety of monlunabant in adults with obesity and metabolic syndrome: a double-blind, randomised, placebo-controlled, phase 2a trial Dr Hitesh
26-03-2026	Thursday	O.P.D	Subject Seminar: Brown Adipose Tissue Dr Sonali
27-03-2026	Friday	O.P.D	
28-03-2026	Saturday	O.P.D	Case Presentation: Dr Bhavishya
29-03-2026	Sunday	HOLIDAY	HOLIDAY
30-03-2026	Monday	O.P.D	Faculty Discussion: Orphan Drugs Dr Vijaya Sārathi
31-03-2026	Tuesday	O.P.D	Group Discussion: Animal models in diabetes