

Department of Anaesthesiology – VIMS & RC, Bangalore-66
Postgraduate Teaching Programme for December 2025

Date	Day	Topic: Regional Anaesthesia	Presenter	Moderator
01/12/25	Mon	Case: 70 year old female for surgery of fracture neck of femur	Dr. Srivatsa	Dr. Umamaheshwar
02/12/25	Tue	Seminar: Anatomy of brachial plexus	Dr. Arvind	Dr. Hemashree
03/12/25	Wed	Journal club: Rafiq M, Effect of Caudal Anesthesia on Opioid Consumption in Pediatric Patients Undergoing Lower Abdominal Surgeries: A Prospective Study; Eur J Cardiovasc Med. 2025;15(7):433-437.	Dr. Dileep	Dr. Keerthi
04/12/25	Thu	SGD: Anatomy of vertebral column & spinal cord	Dr. Dileep	Dr. Likitha
05/12/25	Fri	Seminar: Upper extremity nerve blocks	Dr. Hithyshi	Dr. Kalyani
07/12/25	Sun			
08/12/25	Mon	Case presentation: 24 year old male with right both bone forearm # posted for ORIF	Dr. Harshitha	Dr. Natesh
09/12/25	Tue	Seminar: Central neuraxial blockade	Dr. Vaishnavi	Dr. Sarath
10/12/25	Wed	Journal club: Nallam SR, Chiruvella S, Karanam S. Supraclavicular brachial plexus block: Comparison of varying doses of dexmedetomidine combined with levobupivacaine: A double-blind randomised trial. Indian J Anaesth. 2017;61:256-61.	Dr. Naman	Dr. Siddesh
11/12/25	Thu	SGD: Lumbar & sacral plexus anatomy	Dr. Yajushee	Dr. Sameera
12/12/25	Fri	Seminar: Lower extremity nerve blocks	Dr. Soumya	Dr. Bharath
13/12/25	Sat			
14/12/25	Sun			
15/12/25	Mon	Case presentation: 45 year old male posted for shoulder arthroscopy	Dr. Chandana	Dr. Swati
16/12/25	Tue	Seminar: IVRA (Biers block)	Dr. Sreya	Dr. Rajashree
17/12/25	Wed	Journal club: Vadlapudi S, Chennareddy ARV. Comparison between 0.5% ropivacaine with dexmedetomidine versus 0.5% levobupivacaine with dexmedetomidine for ultrasound guided popliteal nerve block. International Journal of Medical Anesthesiology. 2025;8(1):12-16.	Dr. Bhoomika	Dr. Ankitha
18/12/25	Thu	Inter-departmental meet: Ultrasound in anesthesia practice	Radiology	Dr. Natesh
19/12/25	Fri	CPC meet		
20/12/25	Sat			
21/12/25	Sun			
22/12/25	Mon	Case presentation: 56 old male posted for Bilateral TKR	Dr. Bhargav	Dr. Shishir
23/12/25	Tue	Seminar: Transversus abdominis plane block	Dr. Rakshita	Dr. Soumiya

P. T. O

Department of Anaesthesiology – VIMS & RC, Bangalore-66
Postgraduate Teaching Programme for December 2025

24/12/25	Wed	Journal club: Mohamad A. Elfeky, Al Sayed M et al, Randomized comparison of continuous spinal anesthesia versus continuous epidural anesthesia in high-risk elderly patients undergoing major orthopedic lower limb surgeries; Research and Opinion in Anesthesia & Intensive Care, Vol. 6 No 1, January-March 2019;72-79.	Dr. Sinchana	Dr. Hemashree
25/12/25	Thu	GH		
26/12/25	Fri	Mortality meet		
27/12/25	Sat			
28/12/25	Sun			
29/12/25	Mon	Seminar: Fat embolism syndrome	Dr. Mansi	Dr. Siva
30/12/25	Tue	Seminar: Cervical plexus block	Dr. Manjunat	Dr. Bhargavi
31/12/25	Wed	Journal club: An, Li et al, Anterior quadratus lumborum block is superior to erector spinae plane block for analgesia after renal transplantation: a randomized controlled trial; BMC Anesthesiology (2025) 25:343	Dr. Niyas	Dr. Neha



Dr Natesh S Rao

HOD & professor

Professor & HOD Anaesthesiology
and Critical Care
VIMS & RC, Whitefield, Bangalore-66