

Vydehi Institute of Medical Sciences & Research Centre

#82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.

POSTGRADUATE TEACHING PROGRAMME FOR THE MONTH OF March - 2025

Department of Psychiatry

DATE	DAY	ACADEMIC ACTIVITY	LUNCH (1PM TO 2 PM)	ACADEMIC ACTIVITY (2PM TO 4PM)
01-03-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		LIBRARY ACTIVITY
02-03-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		HOLIDAY
03-03-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		Faculty Lecture Phenomenology of Hallucinations Dr. Megha CN. (Senior Resident)
04-03-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		Psychosomatic Rounds Topic: A case of psychosomatic illness from Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory Medicine/Dermatology/Gastroenterology Department Presenter: Dr. Keerthi V. (Junior Resident) Moderators: Dr. Kiran Kumar K., (Professor & HOD) & Faculty From Respective Department
05-03-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		Case Conference Topic: Schizophrenia Presenter: Dr. Shrinishya H. (Junior Resident)- HOPI Dr. Anusha HV. (Junior Resident)- MSE & Diagnostic Formulation Guide: Dr. Sudharshan R. (Senior Resident)

06-03-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		<u>PG Subject Seminar</u> Topic: Evidence Based Guidelines For Management of Depression Presenter: Dr. Shreya Mishra. (Junior Resident) Guide: Dr. Tanvi Desai (Assistant Professor)
07-03-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		<u>Research Forum</u> Topic: Monthly Meeting For Dissertation Review- First & Second Year Residents. Synopsis Topic For Discussion: First Year Residents. Guide: Dr. Kiran Kumar K. (Professor & HOD)
08-03-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		LIBRARY ACTIVITY
09-03-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		HOLIDAY
10-03-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		<u>Demonstration</u> MSE-Demonstration To First Year Residents Moderators: Dr. Keerthi V. & Dr. Anusha HV (Junior Residents)
11-03-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)		<u>Psychosomatic Rounds</u> Topic: A case of psychosomatic illness from Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory Medicine/Dermatology/Gastroenterology Department Presenter: Dr. Anusha HV. (Junior Resident) Moderators: Dr. Sudharshan R. (Senior Resident) & Faculty From Respective Department

12-03-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Case Conference Topic: Schizophrenia Presenter: Dr. Pratiksha. (Junior Resident)- HOPI Dr. Keerthi V. (Junior Resident)- MSE & Diagnostic Formulation Guide: Dr. Megha CN. (Senior Resident)
13-03-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	PG Subject Seminar Topic: Evidence Based Guidelines For Management of Bipolar Disorders Presenter: Dr. Komal Kumar A. (Junior Resident) Guide: Dr. Kiran Kumar K. (Professor & HOD)
14-03-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Journal Club Núñez NA, Joseph B, Pahwa M, Kumar R, Resendez MG, Prokop LJ, Veldic M, Seshadri A, Biernacka JM, Frye MA, Wang Z, Singh B. Augmentation strategies for treatment resistant major depression: A systematic review and network meta-analysis. J Affect Disord. 2022 Apr 1;302:385-400. doi: 10.1016/j.jad.2021.12.134. Epub 2022 Jan 2. PMID: 34986373; PMCID: PMC9328668. Presenter: Dr. Anuhya R. (Junior Resident) Guide: Dr. Tanvi Desai (Assistant Professor)
15-03-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	LIBRARY ACTIVITY
16-03-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	HOLIDAY
17-03-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Group Discussion Advantages & Disadvantages of Evidence Based Guidelines. Moderator: Dr. Kiran Kumar K. (Professor & HOD)

18-03-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>Psychosomatic Rounds</u> Topic: A case of psychosomatic illness from Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory Medicine/Dermatology/Gastroenterology Department Presenter: Dr. Anuhya R. (Junior Resident) Moderators: Dr. Tanvi Desai (Assistant Professor) & Faculty From Respective Department
19-03-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>Case Conference</u> Topic: BPAD - current episode: Mixed Presenter: Dr. K. Guna Sekhar Moorthy (Junior Resident)-HOPI Dr. Komal Kumar A. (Junior Resident)- MSE & Diagnostic Formulation Guide: Dr. Sudharshan R. (Senior Resident)
20-03-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>PG Subject Seminar</u> Topic: Evidence Based Guidelines For Management of Schizophrenia Presenter: Dr. Anusha HV. (Junior Resident) Guide: Dr. Megha CN. (Senior Resident)
21-03-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>SDL</u> Levels of Evidence- A Critique
22-03-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	LIBRARY ACTIVITY
23-03-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	HOLIDAY

24-03-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>Psychology Tutorial</u> Acceptance & Commitment Therapy Moderator: Mr. Baby Augustine (Clinical Psychologist)
25-03-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>Psychosomatic Rounds</u> Topic: A case of psychosomatic illness from Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory Medicine/Dermatology/Gastroenterology Department Presenter: Dr. Gauthami V. (Junior Resident)- History & Systemic Examination. Moderators: Dr. Kiran Kumar K. (Professor & HOD) & Faculty From Respective Department
26-03-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>Case Conference</u> Topic: RDD with moderate depressive episode & ED Presenter: Dr. Sujay Segu N. (Junior Resident)-HOPI Dr. Keerthi V. (Junior Resident)- MSE & Diagnostic Formulation Guide: Dr. Megha CN. (Senior Resident)
27-03-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>PG Subject Seminar</u> Topic: Evidence Based Guidelines For Management of OCD Presenter: Dr. Anuhya R. (Junior Resident) Guide: Dr. Sudharshan R. (Senior Resident)
28-03-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	<u>I. Academic Society Topics: (Department of Nuclear Medicine)</u> "Nuclear Medicine In Pre-surgical Epilepsy Workup" Presenter: Dr. Anitha Dharmalingam, Head, Nuclear Medicine. <u>II. CPC:</u> "Splenic Abscess: A Master Disguise In Clinical Practice" Presentation By: 1. Dr. Sukanya, Second Year Resident, Department of Pathology. 2. Dr. Rohith N., Senior Resident, Department of Medical Gastroenterology. 3. Dr. Sreeja, Assistant Professor, Department of Dermatology. Moderators: Dr. Aruna Dakoz Ramesh, Professor, Department of Medical Gastroenterology & Dr. Shailaja K., Associate Professor, Department of Pathology.

			Mortality Meeting: Update on DVT Prophylaxis- A Guideline For Admitted Patients. Presentation By: 1. DVT Prophylaxis in Surgical Patients- Dr. Bharat Shankar, Assistant Professor, Surgical Oncology. 2. DVT Prophylaxis in Non-Surgical Patients- Dr. Akshatha Savith, Professor & Head, General Medicine.
29-03-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	LIBRARY ACTIVITY
30-03-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	HOLIDAY
31-03-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran Kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	UG OSCE Station for Anxiety Disorders Moderator: Dr. Tanvi Desai (Assistant Professor)


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