

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.
 Undergraduate (MBBS) Teaching Schedule for the Month of March - 2025
Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-01-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Personality disorders 1. Enumerate, elicit, describe, and document clinical features in patients with personality disorders. 2. Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders. Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Prathap Reddy S Dr.Kushi Reddy		<u>Library Activity</u>
02-01-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Sri Sai Nikhila.P Dr.Madala Harshitha		<u>HOLIDAY</u>
03-01-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr.,Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Introduction to Psychiatry. Eliciting, presenting & documenting psychiatric history. Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Pavan Kumar Kg Dr.C Lalruatdika		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		<u>IMO SEMINAR</u> Topic: History Taking in common Psychiatric illnesses Presenter: Dr C Lalruatdika Topic: MSE-GAB & PMA Presenter: Dr Pallavi Anil Kumar			
04-01-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-patient relationship. 1. Establish rapport and empathy with patients. (EVE Protocol) 2. Describe the components of communication. (CLASS Protocol) Describe and demonstrate the importance of confidentiality in patient encounters Faculty: Dr. Tanvi Desai (Asst. Prof) <u>IMO SEMINAR</u> Topic: MSE- Speech & Mood Presenter: Dr Pallavi S Topic: MSE- Thought & Perception Presenter: Dr Nikhila	Dr.Pallavi S Dr.K Aparna		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
05-01-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychotic disorders. 1. Describe, elicit & document clinical features in patients with psychotic disorders Faculty: Dr.Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Cognitive Functions- Orientation, Attention	Dr.Pavithra Nayak Dr.Kushi Reddy		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)

		& Concentration Presenter: Dr Pavithra Topic: Cognitive Functions- Judgement, Memory, Insight Presenter: Dr Payal Kakani			
06-01-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression 1. Describe, elicit & document clinical features in patients with depression 2. Enumerate and describe the indications and interpret laboratory and other tests used in depression 3. Suicide risk assessment Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO SEMINAR</u> Topic: Spikes protocol Presenter: Dr Prachi Lakhra Topic: Breaking Bad news Presenter: Dr Pramuhk Ga	Dr.Payal Kakani Dr.Madala Harshitha		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
07-01-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Bipolar disorders 1. Enumerate, elicit, describe, and document clinical features in patients with bipolar disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders Faculty: Dr. Tanvi Desai (Asst. Prof)	Dr.Prachi Lakra Dr.C Lalruatdika		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)

		<u>IMO SEMINAR</u> Topic: Eliciting signs of Depression, MSE & Criteria for Diagnosis Presenter: Dr Pranav Choudhary Topic: SSRI's in Depression Presenter: Dr Prathap Reddy			
08-01-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Alcohol use disorders 1. Describe, elicit & document clinical features of alcohol use disorders. 2. Enumerate, describe, and interpret laboratory investigations in such patients . Faculty: Dr.Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Anxiety disorders- Diagnostic criterias Presenter: Dr Pavan Kumar Topic: Relaxation techniques in management of Anxiety disorders Presenter: Dr Kushi Reddy	Dr.Pramukh G A Dr.K Aparna		<u>Library Activity</u>
09-01-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanyi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Pranav Choudhary		<u>HOLIDAY</u>
10-01-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Pallav Anil Kumar		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		UG Clinicals 3rd year MBBS Topic: Stress-related/Dissociative disorders 1. Enumerate, elicit, describe, and document clinical features in patients with stress-related disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in such disorders Faculty: Dr. Tanvi Desai (Asst. Prof) IMO SEMINAR Topic: Hallucinations of individual senses Presenter: Dr K Aparna Topic: Special kinds of Hallucinations and syndromes Presenter: Dr Madala Harshitha			
11-01-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Somatoform disorders 1. Enumerate, elicit, describe, and document clinical features in patients with somatoform disorders. Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Prathap Reddy		<u>Holiday</u>
12-01-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Psychosomatic disorders 1. Enumerate, elicit, describe, and document clinical features in patients with magnitude and aetiology of psychosomatic disorders	Dr.Payal Kakani		Child Guidance clinic Dr. Sudharshan R. (Senior Resident)

		2. Enumerate and describe the indications and interpret laboratory and other tests of psychosomatic disorders. Faculty: Dr. Sudharshan R. (Senior Resident)			
13-01-2025	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Personality disorders 1. Enumerate, elicit, describe, and document clinical features in patients with personality disorders. Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders. Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Prachi Lakra		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
14-01-2025	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychiatric disorder in childhood and adolescent adhd, autism 1. Describe, elicit and document clinical features in patients with child and adolescent psychiatric disorder (ADHD and Autism) Enumeration, description and interpret laboratory investigations in such patients Faculty: Dr.Megha C N (Senior Resident)	Dr.V Lakshmi Aparna		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)
15-01-2025	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.M Balaji		<u>Library Activity</u>

		<u>UG Clinicals 3rd year MBBS</u> Topic: ASSESSMENT Faculty: Dr. Sudharshan R. (Senior Resident)			
16-01-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Rakshita G V		<u>HOLIDAY</u>
17-01-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Introduction to Psychiatry. Eliciting, presenting & documenting psychiatric history. Faculty: Dr.Megha C N (Senior Resident)	Dr.Rani		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
18-01-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-patient relationship. 1. Establish rapport and empathy with patients. (EVE Protocol) 2. Describe the components of communication. (CLASS Protocol) Describe and demonstrate the importance of confidentiality in patient encounters Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Pravalika Bijjam		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
19-01-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Preethi S		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)

		<u>UG Clinicals 3rd year MBBS</u> Topic: 'Psychotic disorders. 1. Describe, elicit & document clinical features in patients with psychotic disorders Faculty: Dr. Tanvi Desai (Asst. Prof)			
20-01-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression 1. Describe, elicit & document clinical features in patients with depression 2. Enumerate and describe the indications and interpret laboratory and other tests used in depression 3. Suicide risk assessment Faculty: Dr.Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: substance use disorder- diagnosis and treatment Presenter: Dr.Pravalika Bijjam Topic: Harm reduction strategies Presenter: Dr.Preethi S	Dr.Preity P		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
21-01-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Bipolar disorders 1. Enumerate, elicit, describe, and document clinical features in patients with bipolar disorders	Dr.Pruthvi P Reddy		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)

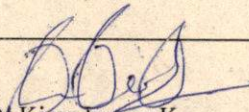
		2. Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders Faculty: Dr. Tanvi Desai (Asst. Prof) <u>IMO SEMINAR</u> Topic: schizophrenia and other psychotic disorders-key Symptoms, treatment options and prognosis Presenter: Dr.Preity p Dr.Priyanka M			
22-01-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Alcohol use disorders 1. Describe, elicit & document clinical features of alcohol use disorders. Enumerate, describe, and interpret laboratory investigations in such patients . Faculty: Dr.Megha C N (Senior Resident)	Dr.Rachana Krishna		<u>Library Activity</u>
23-01-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Raksha R		<u>HOLIDAY</u>
24-01-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Stress-related/Dissociative disorders 1. Enumerate, elicit, describe, and document	Dr.Rakshitha A		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		clinical features in patients with stress-related disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in such disorders Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO SEMINAR</u> Topic: Anxiety disorders-overview of generalized anxiety disorder, panic disorder Presenter: Dr.Pruthvi Dr.Rachana			
25-01-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Somatoform disorders 1. Enumerate, elicit, describe, and document clinical features in patients with somatoform disorders. Faculty: Dr. Tanvi Desai (Asst. Prof) <u>IMO SEMINAR</u> Topic: Overview of Ocd, Ptsd Presenter: Dr.Raksha Dr.Rakshitha A	Dr.Rashmitha U		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
26-01-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychosomatic disorders 1. Enumerate, elicit, describe, and document clinical features in	Dr.Rashmitha V		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)

		patients with magnitude and etiology of psychosomatic disorders Enumerate and describe the indications and interpret laboratory and other tests of psychosomatic disorders Faculty: Dr.Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Personality disorders, characteristic, challenges in treatment and management Presenter: Dr.Rakshitha G V Dr.Rani			
27-01-2025	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Personality disorders 1. Enumerate, elicit, describe, and document clinical features in patients with personality disorders. Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders. Faculty: Dr.Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Somatic symptoms and related disorders-approach to diagnosing and managing these conditions Presenter: Dr.Rashmitha U Dr.Rashmitha v	Dr.Priyanka M		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
28-01-2025	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr. Riktha V		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)

		UG Clinicals 3rd year MBBS Topic: Psychiatric disorder in childhood and adolescent ADHD, autism 1. Describe, elicit and document clinical features in patients with child and adolescent psychiatric disorder (ADHD and autism) 2. Enumeration, description and interpret laboratory investigations in such patients Faculty: Dr. Sudharshan R. (Senior Resident)		I. Academic Society Topics: (Department of Nuclear Medicine) "Nuclear Medicine In Pre-surgical Epilepsy Workup" Presenter: Dr. Anitha Dharmalingam, Head, Nuclear Medicine. II. CPC: "Splenic Abscess: A Master Disguise In Clinical Practice" Presentation By: 1. Dr. Sukanya, Second Year Resident, Department of Pathology. 2. Dr. Rohith N., Senior Resident, Department of Medical Gastroenterology. 3. Dr. Sreeja, Assistant Professor, Department of Dermatology. Moderators: Dr. Aruna Dakoz Ramesh, Professor, Department of Medical Gastroenterology & Dr. Shailaja K., Associate Professor, Department of Pathology. Mortality Meeting: Update on DVT Prophylaxis- A Guideline For Admitted Patients. Presentation By: 1. DVT Prophylaxis in Surgical Patients- Dr. Bharat Shankar, Assistant Professor, Surgical Oncology. 3. DVT Prophylaxis in Non-Surgical Patients- Dr. Akshatha Savith, Professor & Head, General Medicine.
--	--	--	--	--

29-01-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: ASSESSMENT Faculty: Dr.Megha C N (Senior Resident)	Dr. Riteek Choudhary		<u>Library Activity</u>
30-01-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr. Ruchita Gohilot		<u>HOLIDAY</u>
31-01-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Introduction to Psychiatry. Eliciting, presenting & documenting psychiatric history. Faculty: Dr.Megha C N (Senior Resident)	Dr. Ruthu S Prasad		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)


Dr. Kiran kumar.K ,
Professor & HOD,
Department of Psychiatry.
Dr. Kiran Kumar K.
MBBS, MD (Psychiatry)
Professor & HOD
Department of Psychiatry, VIMS & RC
KMC: 71326

