

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.
 Undergraduate (MBBS) Teaching Schedule for the Month of July - 2025
Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-07-2025	Tuesday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Doctor-patient relationship. 1. Establish rapport and empathy with patients. (EVE Protocol) 2. Describe the components of communication. (CLASS Protocol) Describe and demonstrate the importance of confidentiality in patient encounters Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Chethana		De-addiction Clinic Dr.Megha C N (Senior Resident)
02-07-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Psychotic disorders. 1. Describe, elicit & document clinical features in patients with psychotic disorders Faculty:, Dr. Tanvi Desai (Asst. Prof)	Dr.Deepak		Child Guidance clinic Dr. Sudharshan R. (Senior Resident)

03-07-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression 1. Describe, elicit & document clinical features in patients with depression 2. Enumerate and describe the indications and interpret laboratory and other tests used in depression 3. Suicide risk assessment Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Shreya Dr.Tejaswini		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
04-07-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Bipolar disorders 1. Enumerate, elicit, describe, and document clinical features in patients with bipolar disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders Faculty: Dr. Tanvi Desai (Asst. Prof)	Dr.Surabhi Dr.bhargavi		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)

05-07-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Alcohol dependence pattern Stress related disorders Anxiety disorders Bipolar disorders Faculty: Dr.Megha C N (Senior Resident)	Dr.Soorya Dr.Shruthi		<u>Library Activity</u>
06-07-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Chanadana Dr.Deepak		<u>HOLIDAY</u>
07-07-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Stress-related/Dissociative disorders 1. Enumerate, elicit, describe, and document clinical features in patients with stress-related disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in such disorders Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Rajeshwari		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		IMO Seminar Topic: Suicide Risk Assessment and Safety Planning Presenter: Dr.Anirudh P Suresh			
08-07-2025	Tuesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Somatoform disorders 1. Enumerate, elicit, describe, and document clinical features in patients with somatoform disorders. Faculty: Dr. Tanvi Desai (Asst. Prof) IMO Seminar Topic: Psychiatric Emergencies: Approach to a Violent or Agitated Patient Presenter: Dr.Arnapalli Priyanka	Dr.Micheal		De-addiction Clinic Dr.Megha C N (Senior Resident)
09-07-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Psychosomatic disorders 1. Enumerate, elicit, describe, and document clinical features in patients with magnitude and etiology of psychosomatic disorders 2. Enumerate and describe the indications and interpret laboratory and other tests of	Dr.Anirudh		Child Guidance clinic Dr. Sudharshan R. (Senior Resident)

		psychosomatic disorders. Faculty: Dr.Megha C N (Senior Resident) <u>IMO Seminar</u> Topic: Legal Aspects of Psychiatry – MHCA 2017 Presenter: Dr.Shivani Ghosh			
10-07-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Personality disorders 1. Enumerate, elicit, describe, and document clinical features in patients with personality disorders. Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders. Faculty: Dr.Kiran kumar.K (Prof. and HOD) <u>IMO Seminar</u> Topic: Artificial Intelligence in Mental Health Diagnostics Presenter: Dr.Charan	Dr.Lekha		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
11-07-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychiatric disorder in childhood and adolescent adhd, autism	Dr.Priyanka		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)

		1. Describe, elicit and document clinical features in patients with child and adolescent psychiatric disorder (adhd and autism) 2. Enumeration, description and interpret laboratory investigations in such patients Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO Seminar</u> Topic: Cyberbullying and Internet Addiction Disorders Presenter: Dr.Alla Lekha			
12-07-2025	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Assessment Faculty: Dr.Megha C N (Senior Resident) <u>IMO Seminar</u> Topic: ADHD in Adults: Often Missed, Highly Impactful Presenter: Dr.Abdul Rawoof Akram	Dr.Shivangi		<u>Library Activity</u>
13-07-2025	Sunday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Charan		<u>HOLIDAY</u>
14-07-2025	Monday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Abdul Rawoof		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		UG Clinicals 3rd year MBBS Topic: Introduction to Psychiatry. Eliciting, presenting & documenting psychiatric history. Faculty: Dr.Megha C N (Senior Resident) IMO Seminar Topic: Psychedelics in Psychiatry: The Future of Treatment? Presenter: Dr.S Michael Solomon			
15-07-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic:Doctor-patient relationship. 1. Establish rapport and empathy with patients. (EVE Protocol) 2. Describe the components of communication. (CLASS Protocol) Describe and demonstrate the importance of confidentiality in patient encounters Faculty: Dr. Sudharshan R. (Senior Resident) IMO Seminar Topic: Gut-Brain Axis and Mental Health: What's the Link? Presenter: Dr.Rakshita N	Dr.Rakshitha		De-addiction Clinic Dr.Megha C N (Senior Resident)
16-07-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Abdul Rawoof		Child Guidance clinic Dr. Sudharshan R. (Senior Resident)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Psychotic disorders. 1. Describe, elicit & document clinical features in patients with psychotic disorders Faculty: Dr. Tanvi Desai (Asst. Prof) <u>IMO Seminar</u> Topic: Cultural Psychiatry: How Culture Shapes Symptoms Presenter: Dr.B Rajeshwari			
17-07-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression 1. Describe, elicit & document clinical features in patients with depression 2. Enumerate and describe the indications and interpret laboratory and other tests used in depression 3. Suicide risk assessment Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Micheal		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
18-07-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Bipolar disorders	Dr.Anirudh		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)

		1. Enumerate, elicit, describe, and document clinical features in patients with bipolar disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders Faculty: Dr. Tanvi Desai (Asst. Prof)			
19-07-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Family education of Patients with 1. Schizophrenia 2. Major Depressive disorder 3. Bipolar disorder 4. Stress related disorders Faculty: Dr.Megha C N (Senior Resident)	Dr.Lekha		<u>Library Activity</u>
20-07-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Rakshitha		<u>HOLIDAY</u>
21-07-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Stress-related/Dissociative disorders	Dr.Supreeth		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		1. Enumerate, elicit, describe, and document clinical features in patients with stress-related disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in such disorders Faculty: Dr. Sudharshan R. (Senior Resident)			
22-07-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Somatoform disorders 1. Enumerate, elicit, describe, and document clinical features in patients with somatoform disorders. Faculty: Dr. Tanvi Desai (Asst. Prof)	Dr.Suvrath		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
23-07-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychosomatic disorders 1. Enumerate, elicit, describe, and document clinical features in patients with magnitude and etiology of psychosomatic disorders 2. Enumerate and describe the indications and interpret laboratory	Dr.Syed		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)

		and other tests of psychosomatic disorders.			
		Faculty: Dr.Megha C N (Senior Resident)			
24-07-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Personality disorders 1. Enumerate, elicit, describe, and document clinical features in patients with personality disorders. 2. Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders. Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Tannu J		• Psycho motor clinic Dr.Kiran kumar.K (Prof. and HOD) • Headache clinic Dr. Sudharshan R. (Senior Resident)
25-07-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Psychiatric disorder in childhood and adolescent adhd, autism 1. Describe, elicit and document clinical features in patients with child and adolescent psychiatric disorder (adhd and autism) 2. Enumeration, description and interpret laboratory investigations in such patients Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Tanu C N		• Family counseling • Community psychiatry Dr. Tanvi Desai (Senior Resident) Academic Society Topics: (Department of Surgical Oncology) I. "Cancer in the young - A Sneak Peek into Changing Trends" Presenter: Dr. Bharat Shankar, Assistant Professor. Moderator: Dr. M. S. Ganesh, Professor & Head; Dr. Amritha Prabha, Associate Professor. II. CPC: (Department of Surgical Oncology) "The Calcium Rollercoaster"

					Presentation By: 1. Dr. Aakarsh (2nd year PG, Department of Surgical Oncology) 2. Dr. Vijay Sarathi (Professor & HOD, Department of Endocrinology) 3. Dr. Charitha (1" year PG, Department of Pathology) Moderator: Dr. M. S. Ganesh, Professor & Head, Department of Surgical Oncology; Dr. Amritha Prabha, Associate Professor, Department of Surgical Oncology & Dr. Divya N. (Associate Professor, Department of Pathology).
26-07-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: End posting Assessment Family education of Patients with 1. Substance use disorder 2. Somatoform disorder 3. Personality disorder 4. Childhood disorders Faculty: Dr.Megha C N (Senior Resident)	Dr.Tarun Dr.Thasneem		<u>Library Activity</u>
27-07-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Thanushri H L Dr.Tejas		<u>HOLIDAY</u>

28-07-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Introduction to Psychiatry. Eliciting, presenting & documenting psychiatric history. Faculty: Dr.Megha C N (Senior Resident)	Dr.Syed		• Neuropsychiatry clinic for Elderly • Clinic for senile disorder • Memory clinic Dr.Kiran kumar.K (Prof. and HOD)
29-07-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Doctor-patient relationship. 1. Establish rapport and empathy with patients. (EVE Protocol) 2. Describe the components of communication. (CLASS Protocol) 3. Describe and demonstrate the importance of confidentiality in patient encounters Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Suvrath		De-addiction Clinic Dr.Megha C N (Senior Resident)
30-07-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Psychotic disorders.	Dr.Syed Dr.Tannu J		Child Guidance clinic Dr. Sudharshan R. (Senior Resident)

		1. Describe, elicit & document clinical features in patients with psychotic disorders Faculty: Dr. Tanvi Desai (Asst. Prof) <u>IMO SEMINAR</u> Topic: Selective serotonin reuptake inhibitors Presenter: Dr.Sanobar			
31-07-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression 1. Describe, elicit & document clinical features in patients with depression 2. Enumerate and describe the indications and interpret laboratory and other tests used in depression 3. Suicide risk assessment Faculty: Dr.Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Pharmacological management of schizophrenia Presenter: Dr.Burhan	Dr.Tanu CN Dr.Thanu HL		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)


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