

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.
 Undergraduate (MBBS) Teaching Schedule for the Month of August - 2025
Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-08-2025	Friday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Bipolar disorders 1. Enumerate, elicit, describe, and document clinical features in patients with bipolar disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders Faculty: Dr.Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Mood stabilizers Presenter: Dr.Ajay	Dr.Supreeth Dr.Tejas		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
02-08-2025	Saturday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Family education of Patients with 1. Schizophrenia 2. Major Depressive disorder 3. Bipolar disorder 4. Stress related disorders	Dr.Arathy Dr.Gagna		<u>Library Activity</u>

		Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Tricyclic antidepressants Presenter: Dr.Javed			
03-08-2025	Sunday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Ajay Dr.Anusree		<u>HOLIDAY</u>
04-08-2025	Monday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Stress-related/Dissociative disorders 1. Enumerate, elicit, describe, and document clinical features in patients with stress-related disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in such disorders Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO SEMINAR</u> Topic: Snris Presenter: Dr.Naveen	Dr.Naveen Dr.Javed		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
05-08-2025	Tuesday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Somatoform disorders	Dr.Sanobar Dr.Burhan		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

		1. Enumerate, elicit, describe, and document clinical features in patients with somatoform disorders. Faculty: Dr.Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Maois. Presenter: Dr.Anusree			
06-08-2025	Wednesday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychosomatic disorders 1. Enumerate, elicit, describe, and document clinical features in patients with magnitude and etiology of psychosomatic disorders 2. Enumerate and describe the indications and interpret laboratory and other tests of psychosomatic disorders. Faculty: Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Clinical features of Depression Presenter: Dr.Arathy	Dr.Arathy Dr.Gagna		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
07-08-2025	Thursday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Personality disorders	Dr.Naveen Dr.Anusree		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)

		1. Enumerate, elicit, describe, and document clinical features in patients with personality disorders. 2. Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders. Faculty: Dr. Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Clinical features of BPAD Presenter: Dr.Gagna			
08-08-2025	Friday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychiatric disorder in childhood and adolescent adhd, autism 1. Describe, elicit and document clinical features in patients with child and adolescent psychiatric disorder (adhd and autism) 2. Enumeration, description and interpret laboratory investigations in such patients Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO SEMINAR</u> Topic: Panic disorder -ICD 11 criteria and treatment Presenter: Dr.Thoshita Yadev Dr.Vinayak	Dr.Sanobar Dr.Burhan		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)
09-08-2025	Saturday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Vaishnavi Talanki Dr.Vedanth Masala		<u>Library Activity</u>

		UG Clinicals 3rd year MBBS Topic: End posting Assessment Family education of Patients with 1. Substance use disorder 2. Somatoform disorder 3. Personality disorder 4. Childhood disorders Faculty: Dr.Yamini.D (Asst. Prof)			
		IMO SEMINAR Topic: Reversible and irreversible causes of dementia Presenter: Dr.Umesh Kannoli Dr.Vishaaka			
10-08-2025	Sunday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Thoshita Yadev Dr.Vedashri		<u>HOLIDAY</u>
11-08-2025	Monday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Vishal Dr.Vidyashree		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
		IMO SEMINAR Topic: Ptsd- clinical features and management Presenter: Dr.Vaishnavi Dr.Vishal			
12-08-2025	Tuesday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Umesh Kannoli Dr.Vishaaka		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
		IMO SEMINAR Topic: Stages of sleep and normal sleep cycle Presenter: Dr.Vechan			

13-08-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Clinical features of schizophrenia Presenter: Dr.Vedant Garg	Dr.Vishal Dr.Vechan		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
14-08-2025	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Clinical presentation of OCD Presenter: Dr.Vedant Masala	Dr.Umesh Kannoli Dr.Vedant Masala		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
15-08-2025	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: ICD 11 criteria for alcohol dependence syndrome Presenter: Dr.Vedashri	Dr.Vedant Garg Dr.Vinayak		HOLIDAY
16-08-2025	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Management of alcohol withdrawal Presenter: Dr.Vidyashree	Dr.Thoshita Yade Dr.Vedashri		<u>Library Activity</u>
17-08-2025	Sunday	<u>Ward Rounds, IP & OP work by:</u> Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident)	Dr.Vaishnavi Talanki Dr.Vechan		<u>HOLIDAY</u>

		Dr. Megha C N (Senior Resident)			
18-08-2025	Monday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Introduction to Psychiatry. Eliciting, presenting & documenting psychiatric history. Faculty: Dr. Megha C N (Senior Resident)	Dr.Arjun Sai Gowda .R		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
19-08-2025	Tuesday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-patient relationship. 1. Establish rapport and empathy with patients. (EVE Protocol) 2. Describe the components of communication. (CLASS Protocol) Describe and demonstrate the importance of confidentiality in patient encounters Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO SEMINAR</u> Topic: Schizophrenia – Symptoms, diagnosis, and treatment basics Presenter: Dr.Yalamanchi Satwika Mai	Dr.Yalamanchi Satwika Mai		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
20-08-2025	Wednesday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof)	Dr.Yasha R Reddy		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)

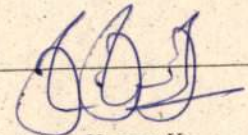
		Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychotic disorders. 1. Describe, elicit & document clinical features in patients with psychotic disorders Faculty: Dr.Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Depression – Core features, diagnosis, and management Presenter: Dr.Yasha R Reddy			
21-08-2025	Thursday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression 1. Describe, elicit & document clinical features in patients with depression 2. Enumerate and describe the indications and interpret laboratory and other tests used in depression 3. Suicide risk assessment Faculty: Dr. Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Mania – Key features, differences from hypomania, and treatment Presenter: Dr. Zuha Khan	Dr.Zuha Khan		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
22-08-2025	Friday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Vynavi		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr.Yamini.D (Asst. Prof)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Bipolar disorders 1. Enumerate, elicit, describe, and document clinical features in patients with bipolar disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders Faculty: Dr.Yamini.D (Asst. Prof) <u>IMO SEMINAR</u> Topic: Anxiety Disorders – Panic disorder, GAD, and phobias (overview) Presenter: Dr.Arjun Sai Gowda .R			
23-08-2025	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Family education of Patients with 1. Schizophrenia 2. Major Depressive disorder 3. Bipolar disorder 4. Stress related disorders Faculty: Dr. Megha C N (Senior Resident)	Dr.Vrushab U Goudar		<u>Library Activity</u>
24-08-2025	Sunday	<u>Ward Rounds, IP & OP work by:</u> Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Yuktha S		<u>HOLIDAY</u>
25-08-2025	Monday	<u>Ward Rounds, IP & OP work by:</u> Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Yalamanchi Satwika Mai		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Stress-related/Dissociative disorders 1. Enumerate, elicit, describe, and document clinical features in patients with stress-related disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in such disorders. Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO SEMINAR</u> Topic: Obsessive-Compulsive Disorder (OCD) – Symptoms and basic management Presenter: Dr. Yuktha S			
26-08-2025	Tuesday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Somatoform disorders 1. Enumerate, elicit, describe, and document clinical features in patients with somatoform disorders. Faculty: Dr.Yamini.D (Asst. Prof)	Dr.Arjun Sai Gowda .R		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
27-08-2025	Wednesday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) <u>IMO SEMINAR</u> Topic: Alcohol Use Disorder – Dependence, withdrawal, and treatment Presenter: Dr. Vrushab U-Goudar	Dr.Yasha R Reddy		<u>HOLIDAY</u>

28-07-2025	Thursday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Personality disorders 1. Enumerate, elicit, describe, and document clinical features in patients with personality disorders. 2. Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders. Faculty: Dr. Kiran kumar.K (Prof. and HOD) IMO SEMINAR Topic: Mental Health Care Act (MHCA) 2017 – Important points every doctor should know Presenter: Dr.Yashvitha	Dr.Zuha Khan	• Psycho motor clinic Dr.Kiran kumar.K (Prof. and HOD) • Headache clinic Dr. Sudharshan R. (Senior Resident)
29-08-2025	Friday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Psychiatric disorder in childhood and adolescent adhd, autism 1. Describe, elicit and document clinical features in patients with child and adolescent psychiatric disorder (adhd and autism) 2. Enumeration, description and interpret laboratory investigations in such patients Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Vynavi	• Family counseling • Community psychiatry Dr.Yamini.D (Asst. Prof) I. Academic Society Topics: (Department of Cardiology) a) “Sudden cardiac death in the young - Guide to understanding and prevention” Presenter: Dr. Vijay Sai, Professor and HOD b) “Complex PCI” Presenter: Dr. Lalthafala, Senior Resident Moderators: Dr. Vijay Sai, Professor and HOD, Dr. Lalitha S., Associate Professor, Dr. Mukul R. Fulmali, Assistant Professor II. CPC: (Department of Cardiology) “The Missing Artery - Unmasking an Unseen Culprit”

		IMO SEMINAR Topic: Dementia – Common types and key differences Presenter: Dr.Vytla Siddharth			Presentation By: 1. Clinical Picture – Dr. Praveen, Senior Resident Cardiology 2. CT Coronary angiogram – Dr. Mary, Associate Professor Radiology 3. Diagnosis and Management- Dr. Kamal Saba, Senior Resident Cardiology Moderator: Dr. Vijay Sai, Professor and HOD, Dr. Lalitha S., Associate Professor, Dr. Mukul R Fulmali, Assistant Professor
30-08-2025	Saturday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: End posting Assessment Family education of Patients with 1. Substance use disorder 2. Somatoform disorder 3. Personality disorder 4. Childhood disorders Faculty: Dr.Yamini.D (Asst. Prof) IMO SEMINAR Topic: Delirium – Causes, clinical features, and treatment basics Presenter: Dr.Vynavi	Dr.Yashvitha		Library Activity
31-08-2025	Sunday	Ward Rounds, IP & OP work by: Dr. Kiran kumar.K (Prof. and HOD) Dr.Yamini.D (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr. Megha C N (Senior Resident)	Dr.Vytla Siddharth		HOLIDAY


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