

## Vydehi Institute of Medical Sciences & Research Centre

#82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.

POSTGRADUATE TEACHING PROGRAMME FOR THE MONTH OF April - 2025

### Department of Psychiatry

| DATE       | DAY       | ACADEMIC ACTIVITY                                                                                                                                                           | LUNCH<br>(1PM<br>TO<br>2 PM) | ACADEMIC ACTIVITY<br>( 2PM TO 4PM)                                                                                                                                                                                                                                                                                                                     |
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| 01-04-2025 | Tuesday   | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |                              | <b>Psychosomatic Rounds</b><br>Topic: A case of psychosomatic illness from<br><b>Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory<br/>Medicine/Dermatology/Gastroenterology Department</b><br>Presenter: Dr. Keerthi V. (Junior Resident)<br>Moderators: Dr. Kiran Kumar K., (Professor & HOD) & Faculty From<br>Respective Department |
| 02-04-2025 | Wednesday | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |                              | <b>Case Conference</b><br>Topic: Panic disorder<br>Presenter: Dr. Shrinishya H. (Junior Resident)<br>Guide: Dr. Megha C N. (Senior Resident)                                                                                                                                                                                                           |
| 03-04-2025 | Thursday  | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |                              | <b>PG Subject Seminar</b><br>Topic: <b>Functional Neuroanatomy of Frontal Lobe</b><br>Presenter: Dr. Gauthami V. (Junior Resident)<br>Guide: Dr. Tanvi Desai (Assistant Professor)                                                                                                                                                                     |
| 04-04-2025 | Friday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |                              | <b>Annual Internal Assessment : 9.30am to 12.30pm</b><br><br><b>Research Forum</b><br>Topic: <b>Monthly Meeting For Dissertation Review- Final Year Residents.<br/>(Final Presentation)</b><br><b>Synopsis Topic For Discussion: First Year Residents.</b><br>Guide: Dr. Kiran Kumar K. (Professor & HOD)                                              |
| 05-04-2025 | Saturday  | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |                              | <b>LIBRARY ACTIVITY</b>                                                                                                                                                                                                                                                                                                                                |



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| 06-04-2025 | Sunday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b>HOLIDAY</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 07-04-2025 | Monday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b>Faculty Lecture</b><br>Ketamine in Depression<br>Dr. Sudharshan R. (Senior Resident)                                                                                                                                                                                                                                                                                                                                                                                    |
| 08-04-2025 | Tuesday   | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b>Psychosomatic Rounds</b><br>Topic: A case of psychosomatic illness from<br><b>Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory<br/>Medicine/Dermatology/Gastroenterology Department</b><br>Presenter: Dr. Sujay Segu N. (Junior Resident)<br>Moderators: Dr. Megha CN. (Senior Resident) & Faculty<br>From Respective Department                                                                                                                        |
| 09-04-2025 | Wednesday | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b>Case Conference</b><br>Topic: BPAD<br>Presenter: Dr. Pratiksha (Junior Resident)<br>Guide: Dr. Tanvi Desai (Assistant Professor)                                                                                                                                                                                                                                                                                                                                        |
| 10-04-2025 | Thursday  | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b>PG Subject Seminar</b><br>Topic: <b>Functional Neuroanatomy of Temporal Lobe</b><br>Presenter: Dr. K. Guna Sekhar Moorthy (Junior Resident)<br>Guide: Dr. Kiran Kumar K. (Professor & HOD)                                                                                                                                                                                                                                                                              |
| 11-04-2025 | Friday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b>Journal Club</b><br>Joshi, Tanmay; Dhiman, Vishal <sup>1</sup> ; Verma, Rohit; Krishnan, Vijay; Basu, Aniruddha; Singh, Yogesh. A randomized sham-controlled trial to study the effect of transcranial direct current stimulation on craving, abstinence, and time to relapse in severe alcohol use disorder. Indian Journal of Psychiatry 67(2):p 219-228, February 2025.<br>Presenter: Dr. Keerthi V. (Junior Resident)<br>Guide: Dr. Sudharshan R. (Senior Resident) |



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| 12-04-2025 | Saturday  | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b>LIBRARY ACTIVITY</b>                                                                                                                                                                                                                                                                                                                              |
| 13-04-2025 | Sunday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b>HOLIDAY</b>                                                                                                                                                                                                                                                                                                                                       |
| 14-04-2025 | Monday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b>HOLIDAY</b>                                                                                                                                                                                                                                                                                                                                       |
| 15-04-2025 | Tuesday   | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b><u>Psychosomatic Rounds</u></b><br>Topic: A case of psychosomatic illness from<br>Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory<br>Medicine/Dermatology/Gastroenterology Department<br>Presenter: Dr. Pratiksha (Junior Resident)<br>Moderators: Dr. Tanvi Desai (Assistant Professor) & Faculty From<br>Respective Department |
| 16-04-2025 | Wednesday | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b><u>Case Conference</u></b><br>Topic: Somatoform disorder<br>Presenter: Dr. K. Guna Sekhar Moorthy (Junior Resident)<br>Guide: Dr. Sudharshan R. (Senior Resident)                                                                                                                                                                                 |
| 17-04-2025 | Thursday  | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b><u>PG Subject Seminar</u></b><br>Topic: Functional Neuroanatomy of Parietal Lobe<br>Presenter: Dr. Shrinishya H. (Junior Resident)<br>Guide: Dr. Megha CN. (Senior Resident)                                                                                                                                                                      |
| 18-04-2025 | Friday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b><u>SDL</u></b><br>Lobar Function Tests                                                                                                                                                                                                                                                                                                            |



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| 19-04-2025 | Saturday  | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b>LIBRARY ACTIVITY</b>                                                                                                                                                                                                                                                                                                                                                                |
| 20-04-2025 | Sunday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b>HOLIDAY</b>                                                                                                                                                                                                                                                                                                                                                                         |
| 21-04-2025 | Monday    | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b><u>Psychology Tutorial</u></b><br><b>Narrative Therapy</b><br>Moderator: Mr. Baby Augustine (Clinical Psychologist)                                                                                                                                                                                                                                                                 |
| 22-04-2025 | Tuesday   | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b><u>Psychosomatic Rounds.</u></b><br>Topic: <b>A case of psychosomatic illness from</b><br><b>Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory</b><br><b>Medicine/Dermatology/Gastroenterology Department</b><br>Presenter: Dr. K. Guna Sekhar Moorthy (Junior Resident)<br>Moderators: Dr. Kiran Kumar K. (Professor & HOD) & Faculty<br>From Respective Department |
| 23-04-2025 | Wednesday | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b><u>Case Conference</u></b><br>Topic: Panic disorder<br>Presenter: Dr. Gauthami V. (Junior Resident)<br>Guide: Dr. Megha C N. (Senior Resident)                                                                                                                                                                                                                                      |
| 24-04-2025 | Thursday  | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) |  | <b><u>PG Subject Seminar</u></b><br>Topic: <b>Functional Neuroanatomy of Temporal Lobe</b><br>Presenter: Dr. Pratiksha (Junior Resident)<br>Guide: Dr. Sudharshan R. (Senior Resident)                                                                                                                                                                                                 |



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| 25-04-2025 | Friday   | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <p><b>I. Academic Society Topics: (Department of Medical Gastroenterology)</b></p> <p>"Negative Pressure, Positive Outcomes: EndoVAC as a Saviour in Anastomotic Dehiscence Post-CA Rectum"</p> <p>Presenter: Dr. Arun Kumar, Senior Resident Medical Gastroenterologist.</p> <p>Moderator: Dr. Aruna Dakoz Ramesh, Professor, Department of Medical Gastroenterology.</p> <p><b>II. CPC: (Department of Plastic Surgery)</b></p> <p>"As rare as it gets! Management of the case of tenosynovitis of hand".</p> <p>Presentation By:</p> <ol style="list-style-type: none"> <li>1.Dr. VARSHA A., 2nd year Senior Resident, Plastic Surgery.</li> <li>2.Dr. PARLI KANAK KOTHARI., 2nd year Senior Resident, Plastic Surgery.</li> <li>3.Dr. ATHULYA GLORIA S., 2nd year Resident, Pathology.</li> </ol> <p>Moderator: Dr. Subha Dhua., Professor &amp; HOD, Plastic Surgery &amp; Dr. Rohini Dhanya CS., Assistant Professor, Pathology</p> |
| 26-04-2025 | Saturday | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b>LIBRARY ACTIVITY</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 27-04-2025 | Sunday   | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <b>HOLIDAY</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 28-04-2025 | Monday   | Ward Rounds, IP & OP work by:<br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <p><b>UG</b></p> <p>Depression OSCE Station For IMO- Assessment Moderator:<br/>Dr. Tanvi Desai (Assistant Professor)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |



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| 29-04-2025 | Tuesday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <u>Psychosomatic Rounds</u><br>Topic: A case of psychosomatic illness from<br><b>Medicine/Pediatrics/Neurology/Endocrinology/Oncology/Respiratory<br/> Medicine/Dermatology/Gastroenterology Department</b><br>Presenter: Dr. Komal Kumar A. (Junior Resident)<br>Moderators: Dr. Kiran Kumar K. (Professor & HOD) & Faculty From<br>Respective Department |
| 30-04-2025 | Wednesday | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran Kumar.K (Prof. and HOD)<br>Dr. Tanvi Desai (Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Megha C N (Senior Resident) | <u>Case Conference</u><br>Topic: Somatoform disorder<br>Presenter: Dr. Sujay Segu N. (Junior Resident)<br>Guide: Dr. Megha C N. (Senior Resident)                                                                                                                                                                                                          |

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