

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.
 Undergraduate (MBBS) Teaching Schedule for the Month of JANUARY - 2025
Department of Psychiatry

DATE	DAY	9AM to 1PM	IMO's	1PM to 2PM	2PM to 4PM
01-01-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr.Harsha G T (Assoc.Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.K M Tejas		<u>Child Guidance clinic</u> Dr.Kiran kumar.K (Prof. and HOD)
02-01-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr.Harsha G T (Assoc. Prof) Dr.Yamini.D (Asst. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Introduction to Psychiatry. Eliciting, presenting & documenting psychiatric history. Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Karan Mathur,		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
03-01-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr.Harsha G T (Assoc.Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-patient relationship. 1. Establish rapport and empathy with patients. (EVE Protocol)	Dr.Keerthana Dindawar		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)

		2. Describe the components of communication. (CLASS Protocol) Describe and demonstrate the importance of confidentiality in patient encounters Faculty: Dr. Tanvi Desai (Asst. Prof)			
04-01-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr.Harsha G T (Assoc. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Psychotic disorders. 1. Describe, elicit & document clinical features in patients with psychotic disorders Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Keerthi V		<u>Library Activity</u>
05-01-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr.Harsha G T (Assoc. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Komma Sai Jahnvi Reddy		<u>HOLIDAY</u>
06-01-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr.Harsha G T (Assoc. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Depression 1. Describe, elicit & document clinical features in patients with depression 2. Enumerate and describe the indications and interpret laboratory and other tests used in depression 3. Suicide risk assessment Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.K M Tejas		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

07-01-2025	Tuesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr.Harsha G T (Assoc. Prof) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Bipolar disorders 1. Enumerate, elicit, describe, and document clinical features in patients with bipolar disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders Faculty: Dr. Tanvi Desai (Asst. Prof)	Dr.Karan Mathur		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
08-01-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Alcohol use disorders 1. Describe, elicit & document clinical features of alcohol use disorders. 2. Enumerate, describe, and interpret laboratory investigations in such patients . Faculty: Dr.Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: History Taking in common Psychiatric illnesses Presenter: Dr Km Tejas Topic : Mental status examination Presenter: Dr Karan Mathur Topic : Eliciting Signs of Depression, MSE & Criteria for Diagnosis Presenter: Dr Keerhana Dindawar	Dr.Keerthana Dindawar		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)

09-01-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety disorders (excluding OCD) 1. Enumerate, elicit, describe, and document clinical features in patients with anxiety disorders. 2. Enumerate and describe the indications and interpret laboratory and other tests used in anxiety disorders. Faculty: Dr. Sudharshan R. (Senior Resident) <u>IMO SEMINAR</u> Topic. Anxiety Disorders-ICD 10 Criteria.. Presenter: Dr Keerthi V Topic : Antidepressants-Indications, Adverse Effects, Contraindications Presenter: Dr Komma Sai Jahnvi Reddy	Dr.Keerthi V	• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)
10-01-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Stress-related/Dissociative disorders 1. Enumerate, elicit, describe, and document clinical features in patients with stress-related disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in such disorders Faculty: Dr. Tanvi Desai (Asst. Prof)		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)

11-01-2025	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Somatoform disorders 1. Enumerate, elicit, describe, and document clinical features in patients with somatoform disorders. Faculty: Dr.Kiran kumar.K (Prof. and HOD)			<u>Library Activity</u>
12-01-2025	Sunday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)			<u>HOLIDAY</u>
13-01-2025	Monday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychosomatic disorders 1. Enumerate, elicit, describe, and document clinical features in patients with magnitude and etiology of psychosomatic disorders Enumerate and describe the indications and interpret laboratory and other tests of psychosomatic disorders Faculty: Dr. Sudharshan R. (Senior Resident)			• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

14-01-2025	Tuesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)			<u>Holiday</u>
15-01-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Personality disorders 1. Enumerate, elicit, describe, and document clinical features in patients with personality disorders. 2. Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders. Faculty: Dr.Kiran kumar.K (Prof. and HOD)			<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
16-01-2025	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Family education 1. Describe and demonstrate steps of family education in a simulated environment in a patient with the following psychiatric disorders Schizophrenia, Depression, Bipolar disorder, Anxiety disorders, Stress-related disorders, Somatoform disorders, Psychosomatic disorders, Personality disorders Faculty: Dr. Tanvi Desai (Asst. Prof)			• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)

17-01-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Psychiatric disorders in childhood and adolescence ADHD, Autism 1. Describe, elicit & document clinical features in patients with child and adolescent psychiatric disorders (ADHD & Autism) 2. Enumeration, description, and interpret laboratory investigations in such patients Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Sharath Raj NS		• Family counseling • Community psychiatry Dr. Tanvi Desai (Senior Resident)
18-01-2025	Saturday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: End posting assessment Faculty: Dr. Tanvi Desai (Asst. Prof)	Dr.Sahithi Guttula		<u>Library Activity</u>
19-01-2025	Sunday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Samriddhi Das		<u>HOLIDAY</u>
20-01-2025	Monday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) UG Clinicals 3rd year MBBS Topic: Introduction to Psychiatry. Eliciting, presenting & documenting psychiatric history Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Samudra Banerjee		• Neuropsychiatry clinic for Elderly • Clinic for senile disorder • Memory clinic Dr.Kiran kumar.K (Prof. and HOD)

21-01-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Doctor-patient relationship. 1. Establish rapport and empathy with patients. (EVE Protocol) 2. Describe the components of communication. (CLASS Protocol) Describe and demonstrate the importance of confidentiality in patient encounters Faculty: Dr. Tanvi Desai (Asst. Prof)	Dr.Sanwar Mal Yadav,		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)
22-01-2025	Wednesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychotic disorders. 1. Describe, elicit & document clinical features in patients with psychotic disorders Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Sapna Yadav		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
23-01-2025	Thursday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Depression 1. Describe, elicit & document clinical features in patients with depression 2. Enumerate and describe the indications and interpret laboratory and other tests used in depression 3. Suicide risk assessment Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Satti Satya Sree Priya		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)

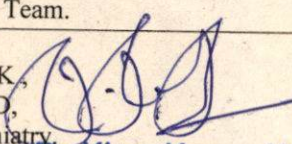
24-01-2025	Friday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Bipolar disorders 1. Enumerate, elicit, describe, and document clinical features in patients with bipolar disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders Faculty: Dr. Tanvi Desai (Asst. Prof)	Dr.Shalini C Reddy		• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident)
25-01-2025	Saturday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Alcohol use disorders 1. Describe, elicit & document clinical features of alcohol use disorders. 2. Enumerate, describe, and interpret laboratory investigations in such patients.. Faculty: Dr.Kiran kumar.K (Prof. and HOD)	Dr.Shalini V		<u>Library Activity</u>
26-01-2025	Sunday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Sharanya Rajashekar		<u>HOLIDAY</u>
27-01-2025	Monday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident)	Dr.Sharath Raj NS		• <u>Neuropsychiatry clinic for Elderly</u> • <u>Clinic for senile disorder</u> • <u>Memory clinic</u> Dr.Kiran kumar.K (Prof. and HOD)

		<u>UG Clinicals 3rd year MBBS</u> Topic: Anxiety disorders (excluding OCD) 1. Enumerate, elicit, describe, and document clinical features in patients with anxiety disorders. 2. Enumerate and describe the indications and interpret laboratory and other tests used in anxiety disorders. Faculty: Dr. Sudharshan R. (Senior Resident)			
28-01-2025	Tuesday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Stress-related/Dissociative disorders 1. Enumerate, elicit, describe, and document clinical features in patients with stress-related disorders 2. Enumerate and describe the indications and interpret laboratory and other tests used in such disorders Faculty: Dr. Tanvi Desai (Asst. Prof) <u>IMO SEMINAR</u> Topic: Haloperidol – MOA, Uses, Adverse effects, Contraindications. Presenter: Dr. Sahithi Guttula Topic : Sodium Valproate -MOA, Uses, Adverse effects, Contraindications Presenter: Dr Samriddhi Das Topic : SSRIs- Pharmacokinetics, Pharmacodynamics Presenter: Dr Samudra Banerjee Topic: SSRIs –Indications, Contraindications, Adverse Effects Presenter: Dr. Sanwar Mal Yadav Topic : SNRI's- Pharmacokinetics, Pharmacodynamics Presenter: Dr Sapna Yadav	Dr.Sahithi Guttula		<u>De-addiction Clinic</u> Dr.Megha C N (Senior Resident)

		Topic : SNRIs –Indications, Contraindications, Adverse Effects. Presenter: Dr.Satti Satya Sree Priya Topic : Clozapine- Pharmacokinetics, Dynamics, side effects Presenter: Dr Shalini C Reddy			
29-01-2025	Wednesday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Somatoform disorders 1. Enumerate, elicit, describe, and document clinical features in patients with somatoform disorders. Faculty: Dr.Kiran kumar.K (Prof. and HOD) <u>IMO SEMINAR</u> Topic: Clozapine Monitoring Presenter: Dr Shalini V Topic : Lithium- Pharmacokinetics, Dynamics, side effects Presenter: Dr.Sharanya Rajshekar Topic : Lithium Monitoring Presenter: Dr.Sharath Raj Ns	Dr.Samridhhi Das		<u>Child Guidance clinic</u> Dr. Sudharshan R. (Senior Resident)
30-01-2025	Thursday	<u>Ward Rounds, IP & OP work by:</u> Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Psychosomatic disorders 1. Enumerate, elicit, describe, and document clinical features in patients with magnitude and etiology of psychosomatic disorders 2. Enumerate and describe the indications and interpret laboratory and other tests of psychosomatic disorders. Faculty: Dr. Sudharshan R. (Senior Resident)	Dr.Samudra Banerjee		• <u>Psycho motor clinic</u> Dr.Kiran kumar.K (Prof. and HOD) • <u>Headache clinic</u> Dr. Sudharshan R. (Senior Resident)

31-01-2025	Friday	Ward Rounds, IP & OP work by: Dr.Kiran kumar.K (Prof. and HOD) Dr. Tanvi Desai (Asst. Prof) Dr. Sudharshan R. (Senior Resident) Dr.Megha C N (Senior Resident) <u>UG Clinicals 3rd year MBBS</u> Topic: Family education 1. Describe and demonstrate steps of family education in a simulated environment in a patient with the following psychiatric disorders Schizophrenia, Depression, Bipolar disorder, Anxiety disorders, Stress-related disorders, Somatoform disorders, Psychosomatic disorders, Personality disorders Faculty: Dr. Tanvi Desai (Asst. Prof)			• <u>Family counseling</u> • <u>Community psychiatry</u> Dr. Tanvi Desai (Senior Resident) I. Academic Society Topics: (Department of CTVS) Tetralogy of Fallot Presenter: Dr. Rashim, Senior Resident, Department of CTVS II. CPC: An Interesting Case of Primary Mediastinal B Cell Lymphoma Presentation By: 1. Dr. Pooja R., Final Year Resident, Department of Respiratory Medicine (Posted in CTVS) 2. Dr. Sameena E., Senior Resident, Department of Pathology Moderators: Dr. Durgaprasad Reddy, Professor & Head, Department of CTVS & Dr. Shilpa L., Professor, Department of Pathology. Mortality Meeting: A 67-year-old male patient with diagnosis of Pseudomyxoma Peritonei. Presenters: 1. Pre-op: Dr. Giridhar, Associate Professor, Surgical Oncology. 2. Intra-op: Anesthesia Team. 3. Post-op: ICU Team.
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Dr.Kiran kumar.K,
Professor & HOD,
Department of Psychiatry


Dr. Kiran Kumar K.
MBBS, MD (Psychiatry)
Professor & HOD
Department of Psychiatry, VIMS & RC
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01/02/25