

DR. D. A. KALPAJA

AMONG THE FEMINA FAB 65 LEADING WOMEN



DR D A KALPAJA

CHAIRPERSON – VYDEHI GROUP OF INSTITUTIONS

Dr D A Kalpaja, chairperson of the Vydehi Group Of Institutions, has dedicated her life to transforming the healthcare sector in India. A woman who can only be defined as a force of nature, her journey is marked by a commitment to uplifting and empowering others around her.

Dr Kalpaja has always believed in forging meaningful connections. “My strength comes from the incredible people in my life,” she says, speaking of her family, friends and the communities she serves. This belief in the power of relationships is more than a catchphrase for her and is woven into the very fabric of her work. Whether addressing an auditorium full of students, collaborating with colleagues, or engaging with community members, her interactions centre around nurturing these connections.

For Dr Kalpaja, success stretches beyond accumulating accolades and reaching milestones. “Staying true to who you are and what you believe in is everything,” she says, enunciating the importance of integrity and authenticity in her work. This perspective has become her guiding light, allowing her to build a legacy that not only reflects her values but also inspires those around her to be authentic. She credits this philosophy for guiding her through both challenges and triumphs.

“I believe in the power of purpose. It drives my decisions and shapes my interactions with others,” shares Dr Kalpaja, who is committed to making health and

wellness accessible to all. Ever the doer, she has spearheaded numerous initiatives that provide critical resources and support to those who need it. Her work proves that compassion and action can lead to meaningful change.

Currently, Dr Kalpaja is working towards inspiring a new generation of leaders who prioritise excellence and compassion in their pursuits. Her vision extends beyond personal success; it encompasses a desire to create a culture that values understanding and connection as much as expertise. Her story reminds us that compassion coupled with a commitment to service is a catalyst for change in our communities. Through every challenge and success, Dr Kalpaja proves that a life lived with purpose is a life well lived. >

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One of my proudest accomplishments was launching a community health initiative that provided essential services to underserved populations. Seeing the positive changes in people’s lives reinforced my belief in the importance of collective action

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