

**Vydehi Institute of Medical Sciences & Research Centre**  
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.  
 POSTGRADUATE TEACHING PROGRAMME FOR THE MONTH OF January- 2024  
**Department of Psychiatry**

| DATE       | DAY       | ACADEMIC ACTIVITY   | LUNCH<br>(1PM TO<br>2 PM) | ACADEMIC ACTIVITY<br>(2PM TO 4PM)   |
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| 01/01/2024 | Monday    | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |                           | <u>Faculty Lecture</u><br>Topic: <b>Management of Resistant OCD</b><br>Presenter: Dr. Sudharshan R. (Senior Resident)<br>Chairperson: Dr. F A Sattar (Professor)  |
| 02/01/2024 | Tuesday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |                           | <u>Psychosomatic Rounds</u><br>Topic: <b>A case of psychosomatic illness from Medicine/Pediatrics/Neurology Department</b><br>Presenter: Dr. Anusha HV. (Junior Resident)<br>Moderator Dr. Kiran Kumar K. (Prof & HOD)<br>Chairpersons: Dr. F A Sattar (Professor) & Faculty From Respective Department |
| 03/01/2024 | Wednesday | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |                           | <u>Case Conference</u><br>Presenter: Dr. Keerthi V. (Junior Resident)<br>Topic: <b>Depression with psychosis</b><br>Guide: Dr. Tanvi Desai (Senior Resident)<br>Chairperson: Dr. F A Sattar (Professor)   |
| 04/01/2024 | Thursday  | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |                           | <u>PG Subject Seminar</u><br>Topic: <b>Cognitive Impairment in Schizophrenia- Neurobiology &amp; Management</b><br>Presenter: Dr. Sheetal H. (Junior Resident)<br>Guide: Dr. Yamini D. (Assistant Professor)<br>Chairperson: Dr. F A Sattar (Professor)   |

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| 05/01/2024 | Friday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident)  | <u>Research Forum</u><br><b>Topic: Monthly Meeting For Dissertation Review- Second &amp;Final Year Residents and Synopsis Progress to First Year Residents.</b><br>Guide: Dr. F A Sattar (Professor) & Dr. Kiran Kumar K. (Prof & HOD)  |
| 06/01/2024 | Saturday | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident)  | <b>LIBRARY ACTIVITY</b>   |
| 07/01/2024 | Sunday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident)  | <b>HOLIDAY</b>  |
| 08/01/2024 | Monday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD).<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <u>Psychotherapy Tutorials</u><br>Demonstration of Frontal Assessment Battery<br>Clinical Psychologist  |
| 09/01/2024 | Tuesday  | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)                                       | <u>Psychosomatic Rounds</u><br><b>Topic: A case of psychosomatic illness from Medicine/Pediatrics/Neurology Department</b><br>Presenter: Dr. Komal Kumar A. (Junior Resident)<br>Moderator Dr. Sudharshan R. (Senior Resident)<br>Chairpersons: Dr. F A Sattar (Professor) & Faculty FromRespective |

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|            |           | Dr. Tanvi Desai (Senior Resident)   |  | Department   |
| 10/01/2024 | Wednesday | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <u>Case Conference</u><br>Presenter: Dr. Shreya Mishra (Junior Resident)<br>Topic: Psychosis nos<br>Guide: Dr. Kiran Kumar K. (Prof & HOD)<br>Chairperson: Dr. F A Sattar (Professor)  |
| 11/01/2024 | Thursday  | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <u>PG Subject Seminar</u><br>Topic: Etiology of Depression<br>Presenter: Dr. Keerthi V. (Junior Resident)<br>Guide: Dr. Yamini D. (Assistant Professor)<br>Chairperson: Dr. F A Sattar (Professor)   |
| 12/01/2024 | Friday    | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <u>Journal Club</u><br>Topic: Richards DA, et al., Cost and Outcome of Behavioural Activation versus Cognitive Behavioural Therapy for Depression(COBRA): a randomised, controlled, non-inferiority trial. Lancet.2016 Aug 27;388(10047):871-80. doi: 10.1016/S0140- 6736(16)31140-0. Epub 2016 Jul 23.<br>Presenter: Dr. Anuhya R. (Junior Resident)<br>Guide: Dr. Sudharshan R. (Senior Resident)<br>Chairperson: Dr. F A Sattar (Professor) |
| 13/01/2024 | Saturday  | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <b>LIBRARY ACTIVITY</b>  |

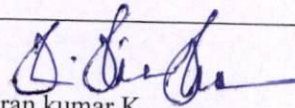
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| 14/01/2024 | Sunday    | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <b>HOLIDAY</b>  |
| 15/01/2024 | Monday    | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <u>Synopsis Writing</u><br>Synopsis Writing- Progress: First Year PGs to present to Final Year Residents and Dr. Sudharshan R. (Senior Resident)  |
| 16/01/2024 | Tuesday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <u>Psychosomatic Rounds</u><br>Topic: A case of psychosomatic illness from<br><b>Medicine/Pediatrics/Neurology Department</b><br>Presenter: Dr. Shreya Mishra. (Junior Resident)<br>Moderator Dr. Tanvi Desai (Senior Resident)<br>Chairpersons: Dr. F A Sattar (Professor) & Faculty From<br>Respective Department |
| 17/01/2024 | Wednesday | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <u>Case Conference</u><br>Presenter: Dr. Komal Kumar A. (Junior Resident)<br>Topic: IDD<br>Guide: Dr. Yamini D. (Assistant Professor)<br>Chairperson: Dr. F A Sattar (Professor)  |
| 18/01/2024 | Thursday  | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <u>PG Subject Seminar</u><br>Topic: Etiology of Schizophrenia<br>Presenter: Dr. Sneha C. (Junior Resident)<br>Guide: Dr. Kiran Kumar K. (Prof & HOD)<br>Chairperson: Dr. F A Sattar (Professor)   |

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| 19/01/2024 | Friday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <p style="text-align: center;"><b>Academic society Meeting Topics:</b></p> <ol style="list-style-type: none"> <li>1) "Our experiences with animal experiments" by Dr. Surendra Babu T. Associate professor, Dept. Of .Anatomy.</li> <li>2) Study of of Pes Planus and its to the Body Mass Index, by Dr.Agha Ammar Murthuza,Associate professor, Dept. Of Anatomy.</li> <li>3) Body Donation- the process and the progress, by Dr. Varsha Mokhasi, Professor, Dept.Anatomy.</li> </ol> <p style="text-align: center;"><b>CPC topic:</b></p> <p>A 57 yr. old female patient with swelling in the neck since 4 months and dysphagia since 15 days.</p> <p>Presentations By</p> <ol style="list-style-type: none"> <li>1. Dr Mounika, Final year Post graduate, Dept. Of General Surgery.</li> <li>2. Dr Abhishek Bhadra, Second year Post graduate, Dept. of Pathology</li> </ol> <p>Faculty:</p> <ol style="list-style-type: none"> <li>1. Dr. Sai Kalyan gupta, Associate professor, , Dept. Of General Surgery.</li> <li>2. Dr. Shilpa Associate professor, Dept. Of Pathology.</li> </ol> |
| 20/01/2024 | Saturday | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <p style="text-align: center;"><b>LIBRARY ACTIVITY</b></p>  |
| 21/01/2024 | Sunday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) |  | <p style="text-align: center;"><b>HOLIDAY</b></p>   |

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| 22/01/2024 | Monday    | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | Preparation for UG Electives under the guidance of Dr. Yamini D. (Assistant Professor)   |
| 23/01/2024 | Tuesday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <u>Psychosomatic Rounds</u><br>Topic: A case of psychosomatic illness from<br><b>Medicine/Pediatrics/Neurology Department</b><br>Presenter: Dr. Sheetal H. (Junior Resident)<br>Moderator Dr. Tanvi Desai. (Senior Resident)<br>Chairpersons: Dr. F A Sattar (Professor) & Faculty From<br>Respective Department |
| 24/01/2024 | Wednesday | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <u>Case Conference</u><br>Presenter: Dr. Anuhya R. (Junior Resident)<br>Topic: polysubstance abuse<br>Guide: Dr. Kiran Kumar K (Prof & HOD)<br>Chairperson: Dr. F A Sattar (Professor)   |
| 25/01/2024 | Thursday  | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <u>PG Subject Seminar</u><br>Topic: <b>Laboratory Investigations in Psychiatric Disorders- An Overview</b><br>Presenter: Dr. Anusha HV. (Junior Resident)<br>Guide: Dr. Yamini D. (Assistant Professor)<br>Chairperson: Dr. F A Sattar (Professor)   |

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| 26/01/2024 | Friday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <b>Holiday</b>  |
| 27/01/2024 | Saturday | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <b>LIBRARY ACTIVITY</b>   |
| 28/01/2024 | Sunday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <b>HOLIDAY</b>  |
| 29/01/2024 | Monday   | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <b><u>Self-Directed Learning</u></b>  |
| 30/01/2024 | Tuesday  | <u>Ward Rounds, IP &amp; OP work by:</u><br>Dr.Kiran kumar.K (Prof. and HOD)<br>Dr. F.A.Sattar (professor)<br>Dr.Yamini.D ( Asst. Prof)<br>Dr. Sudharshan R. (Senior Resident)<br>Dr. Tanvi Desai (Senior Resident) | <b><u>Psychosomatic Rounds</u></b><br>Topic: A case of psychosomatic illness from<br><b>Medicine/Pediatrics/Neurology Department</b><br>Presenter: Dr. Keerthi V. (Junior Resident)<br>Moderator Dr. Tanvi Desai. (Senior Resident)<br>Chairpersons: Dr. F A Sattar (Professor) & Faculty From Respective<br>Department |

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|            |           |  |  | <p style="text-align: right;"><b><u>MORTALITY MEETING</u></b></p> <p><b>Patient Details:</b><br/>75/MALE/8588619</p> <p><b>Diagnosis :</b> pancreatic s Neuro endocrine tumor-wd in head of pancreas</p> <p>Department involved in the case<br/>Surgical oncology</p> <p>Moderators:<br/>1. DR MENAKA (HOD, Department of Intensive care)<br/>2. DR. DHANPAL (Professor of Anesthesia)</p> |
| 31/01/2024 | Wednesday | <p>Ward Rounds, IP &amp; OP work by:<br/>Dr.Kiran kumar.K (Prof. and HOD)<br/>Dr. F.A.Sattar (professor)<br/>Dr.Yamini.D ( Asst. Prof)<br/>Dr. Sudharshan R. (Senior Resident)<br/>Dr. Tanvi Desai (Senior Resident)</p> |  | <p><b><u>Case Conference</u></b></p> <p>Presenter: Dr. Shreya Mishra (Junior Resident)<br/>Topic: Delusional disorder<br/>Dr. Kiran Kumar K (Prof &amp; HOD)<br/>Chairperson: Dr. F A Sattar (Professor)</p>   |

  
 Dr.Kiran kumar.K,  
 Professor & HOD,  
 Department of Psychiatry

**Dr. Kiran Kumar K.**  
 MBBS, MD (Psychiatry)  
 Professor & HOD  
 Department of Psychiatry, VIMS & RC  
 KMC: 71326