

Vydehi Institute of Medical Sciences & Research Centre
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.
Postgraduate Teaching Programme for the Month of October -2018
Department of Psychiatry

DATE & DAY	9AM to 1PM	1PM to 2PM Lunch	2PM to 4PM
01/10/2018 Monday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident)		Group Discussion Topic: Exposure And Response Prevention Moderator: Dr.Suchandra ghosh (clinical psychologist) Chairperson - Dr. F.A.Sattar (Prof. & HOD)
	OPD Dr.Kiran kumar.K (Associate professor)		
02/10/2018 Tuesday	Ward Rounds taken by: Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident)		HOLIDAY
	OPD Dr.Ramya Shruthi.D (Senior Resident)		
03/10/2018 Wednesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor)		PG case presentation Topic: Somatization Disorder Presenter : Dr.Sharnita.P (3 rd year JR) Guide: Dr.Ramya Shruthi.D (Senior Resident) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
	OPD Dr.Aruna.K (Assistant Professor)		
04/10/2018 Thursday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident) Dr.Kiran kumar.K (Associate professor)		PG Subject Seminar Topic: Dopamine Pathways In Brain And Its Relevance To Psychiatry Presenter : Dr.Rajamani.S (1 st year JR) Guide: Dr.Aruna.K (Assistant Professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
	OPD Dr.Kiran kumar.K (Associate professor)		
05/10/2018 Friday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kirankumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.RamyaShruthi.D (Senior Resident)		Journal Club Title : Long-term neurocognitive functioning after electroconvulsive therapy in patients with late-life depression Author: Obbels J, Verwijk E, Vansteelandt K, Dols A, Bouckaert F, Schouws S, Vandenbulcke M, Emsell L, Stek M, Sienaert P Source: Acta Psychiatr Scand. 2018 Sep;138(3):223-231. doi: 10.1111/acps.12942 Presenter: Dr.Vinay kumar (2 nd year JR)

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					Guide: Dr.Kirankumar.K (Associate professor Chairperson :- Dr. F.A.Sattar (Prof. & HOD))
	OPD	Dr.Ramya Shruthi.D (Senior Resident)			Library activity
06/10/2018 Saturday	Ward Rounds taken by:	Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor)			
	OPD	Dr.Ramya Shruthi.D (Senior Resident)			HOLIDAY
07/10/2018 Sunday	Ward Rounds taken by :	Duty Faculty & PGs			
	OPD	Dr.Ramya Shruthi.D (Senior Resident)			
08/10/2018 Monday	Ward Rounds taken by :	Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor)			Group Discussion Topic: Cognitive distortions/ errors Moderator: Dr.Ramya Shruthi.D(Senior Resident) Chairperson -Dr. F.A.Sattar (Prof. & HOD)
	OPD	Dr.Kiran kumar.K (Associate professor)			
09/10/2018 Tuesday	Ward Rounds taken by :	Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident)			Faculty Lecture Topic: Social Cognition Presenter : Dr.Aruna.K (Assistant Professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
	OPD	Dr.Aruna.K (Assistant Professor)			
10/10/2018 Wednesday	Ward Rounds taken by :	Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident)			PG case presentation Topic: BPAD- manic with psychotic symptoms with lithium toxicity Presenter : Dr.Suman S Rao (3 rd year JR) Guide: Dr.Aruna.K (Assistant Professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD) Academic Society Meeting Topic: Young people and mental health in changing world Speaker 1: Dr. Kiran Kumar K, Associate professor, department of psychiatry spoke on “ Young people and mental health in changing world” Speaker 2: Dr. Nivedita. Assinat Professor, Community medicine department spoke on preventive measures “Young people and mental health in changing world” Chairperson: Dr. Mangala, professor & Head, community medicine department
	OPD	Dr.Aruna.K (Assistant Professor)			

11/10/2018 Thursday	Ward Rounds taken by: Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Ramya Shruthi.D (Senior Resident)		PG Subject Seminar Topic: Excitatory amino acids and their role in psychiatric disorders Presenter : Dr.Vipul Janardan (1 st year JR) Guide: Dr.Ramya Shruthi.D (Senior Resident) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
12/10/2018 Friday	OPD Dr.Kiran kumar.K (Associate professor) Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident)		Journal Club Title :Longitudinal relationships among depressive symptoms, cortisol, and brain atrophy in the neocortex and the hippocampus Author: Lebedeva A, Sundström A, Lindgren L, Stomby A, Aarstrand D, Westman E, Winblad B, Olsson T, Nyberg L Source: Acta Psychiatr Scand. 2018 Jun;137(6):491-502. doi: 10.1111/acps.12860. Presenter: Dr.Rajamani.S (1 st year JR) Guide: Dr.Ramya Shruthi.D (Senior Resident) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
13/10/2018 Saturday	OPD Dr.Ramya Shruthi.D (Senior Resident) Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident)		Library activity
14/10/2018 Sunday	OPD Dr.Kiran kumar.K (Associate professor) Ward Rounds taken by : Duty Faculty & PGs		HOLIDAY
15/10/2018 Monday	OPD Dr.Ramya Shruthi.D (Senior Resident) Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident) Dr.Kiran kumar.K (Associate professor)		Group Discussion Topic: Disorders Of Perception Moderator: Dr.Aruna.K (Assistant Professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
16/10/2018 Tuesday	OPD Dr.Ramya Shruthi.D (Senior Resident) Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident)		Faculty Lecture Topic: Normality and mental health Presenter :Dr.Kiran kumar.K (Associate professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)

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	OPD	Dr.Kiran kumar.K (Associate professor)			
17/10/2018 Wednesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Ramya Shruthi.D (Senior Resident) Dr.Aruna.K (Assistant Professor)				PG case presentation Topic: Mixed anxiety and depression Presenter: Dr.Mukesh.B.M (3 rd year JR) Guide: Dr.Kiran kumar.K (Associate professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
18/10/2018 Thursday	OPD Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kirankumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.RamyaShruthi.D (Senior Resident)	Dr.Kiran kumar.K (Associate professor)			HOLIDAY
19/10/2018 Friday	OPD Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident)	Dr.Ramya Shruthi.D (Senior Resident)			Journal Club Title: Risk profiles of personality traits for suicidality among mood disorder patients and community controls Author: Su MH, Chen HC, Lu ML, Feng J, Chen IM, Wu CS, Chang SW, Kuo PH. Source: Acta Psychiatr Scand. 2018 Jan;137(1):30-38. doi: 10.1111/acps.12834. Presenter : Dr.Geethanjali.P (2 nd year JR) Guide: Dr.Aruna.K (Assistant Professor) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
20/10/2018 Saturday	OPD Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Ramya Shruthi.D (Senior Resident)	Dr.Kiran kumar.K (Associate professor)			Library activity
21/10/2018 Sunday	OPD Ward Rounds taken by : Duty Faculty & PGs	Dr.Ramya Shruthi.D (Senior Resident)			HOLIDAY
22/10/2018 Monday	OPD Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor)	Dr.Aruna.K (Assistant Professor)			Group Discussion Topic: Classification In Psychiatry Moderator: Dr.Kiran kumar.K (Associate professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)

29/10/2018 Monday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) OPD Dr.Aruna.K (Assistant Professor)	Group Discussion Topic: Habit Reversal Training Moderator: Dr.Suchandra ghosh (clinical psychologist) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
30/10/2018 Tuesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Aruna.K (Assistant Professor) Dr.Ramya Shruthi.D (Senior Resident) OPD Dr.Kiran kumar.K (Associate professor)	Faculty Lecture Topic: Delusional Misidentification Syndrome Presenter: Dr.Ramya Shruthi.D (Senior Resident) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
31/10/2018 Wednesday	Ward Rounds taken by: Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) Dr.Ramya Shruthi.D (Senior Resident) OPD Dr.Aruna.K (Assistant Professor)	PG case presentation Topic: BPAD- current episode moderate depressive episode with somatic syndrome. Presenter: Dr. Vinay kumar (2 nd year JR) Guide: Dr.Ramya Shruthi.D (Senior Resident) Chairperson -Dr. F.A.Sattar (Prof. & HOD)



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