

**Vydehi Institute of Medical Sciences & Research Centre**  
 #82, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066.  
**Postgraduate Teaching Programme for the Month of November -2018**  
**Department of Psychiatry**

DATE & DAY	9AM to 1PM	1PM to 2PM Lunch	2PM to 4PM
01/11/2018 Thursday	Ward Rounds taken by: Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor)		HOLIDAY
	OPD   Dr.Ramya Shruthi.D (Senior Resident)		
02/11/2018 Friday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor)		<b>Journal Club</b> Title : Association between physical behavior , patterns and levels of depressive symptoms, and well-being in middle –aged adults: A cross-sectional study using isotemporal substitutional models. Presenter : Dr. Sushmitha K (2 <sup>nd</sup> year PG) Guide : Dr.Kirankumar.K (Associate professor) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
	OPD   Dr.Ramya Shruthi.D (Senior Resident)		
03/11/2018 Saturday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		Library activity
	OPD   Dr.Kiran kumar.K (Associate professor)		
04/11/2018 Sunday	Ward Rounds taken by : Duty Faculty & PGs Dr.Kiran kumar.K (Associate professor)		HOLIDAY
	OPD		
05/11/2018 Monday	Ward Rounds taken by: Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor)		<b>Group Discussion</b> Topic : Panic Disorder Moderator : Dr.Ramya Shruthi.D(Senior Resident) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
	OPD   Dr.RamyaShruthi.D (Senior Resident)		
06/11/2018 Tuesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.RamyaShruthi.D (Senior Resident)		<b>Faculty Lecture</b> Topic : Generalised Anxiety Disorder Presenter : Dr. Kiran Kumar K (Assoc Prof) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
	OPD   Dr.Kiran kumar.K (Associate professor)		

PRINCIPAL  
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Dr. (COL) HAZ AHMED SATTAR  
 MBBS, MD (Psychiatry), FIPE  
 Professor & Head, Department of Psychiatry  
 Vydehi Institute of Medical Sciences & Research Centre  
 White Field, BANGALURU - 560 066



07/11/2018 Wednesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) OPD Dr.Ramya Shruthi.D(Senior Resident)		<b>HOLIDAY</b>
08/11/2018 Thursday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) OPD Dr.Ramya Shruthi.D (Senior Resident)		<b>PG Subject Seminar</b> Topic :Neuropsychiatric Manifestations of Wilson's Disease Presenter : Dr. Harsha Anie Mathew (2 <sup>nd</sup> year Medicine PG) Guide : Dr. Kiran Kumar K (Assoc Prof) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
09/11/2018 Friday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) OPD Dr.Ramya Shruthi.D (Senior Resident)		<b>Journal Club</b> Title : Emotions And Intellectual Functions Guide : Dr. Suchandra Ghosh( Clinical Psychologist) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
10/11/2018 Saturday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident) OPD Dr.Kiran kumar.K (Associate professor)		<b>Library activity</b>
11/11/2018 Sunday	Ward Rounds taken by : Duty Faculty & PGs Dr.Ramya Shruthi.D (Senior Resident) OPD		<b>HOLIDAY</b>
12/11/2018 Monday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		<b>Group Discussion</b> Topic : Neuroanatomy and Neuropsychiatric aspects of Frontal lobe temporal lobe and Occipital lobe. Presenter: Dr. Shruthi A, Dr Rajamani and Dr. Vipul Janardhan P ( 1 <sup>st</sup> year PGs) Moderator : Dr. Kiran Kumar K (Assoc Prof) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
13/11/2018 Tuesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor) OPD Dr.Ramya Shruthi.D (Senior Resident)		<b>Faculty Lecture</b> Topic : Physiology Of Limbic System, Physiology Of Memory, Emotions And Intellectual Functions. Presenter: Dr. Shruthi A, Dr Rajamani and Dr. Vipul Janardhan P ( 1 <sup>st</sup> year PGs) moderator : Dr.Ramya Shruthi.D (Senior Resident) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)



14/11/2018 Wednesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		<b>PG case presentation</b> Topic : Paranoid schizophrenia Presenter : Dr.Suman S Rao (3 <sup>rd</sup> year PG) Guide : Dr.Kiran kumar.K (Associate professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
15/11/2018 Thursday	OPD   Dr.Kiran kumar.K (Associate professor) Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor)		<b>PG Subject Seminar</b> Topic : Cognitive Enhancers and Recent Advances in the management of Dementia Presenter : Dr. vinay kumar P (PG 2 <sup>nd</sup> year) Guide : Dr.Kiran kumar.K (Associate professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
16/11/2018 Friday	OPD   Dr.Ramya Shruthi.D (Senior Resident) Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		<b>Journal Club</b> Topic : Factors affecting quality of life of caregivers of children diagnosed with autism spectrum disorder Author: Borte Gurbuuz Ozgur, Hatice Aksu, Erhan Eser Source: 10.4103/psychiatry.IndianPsychiatry_300_17 Presenter : Dr. Achinth (Neuro-resident) Guide : Dr.Kiran kumar.K (Associate professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
17/11/2018 Saturday	OPD   Dr.Kiran kumar.K (Associate professor) Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kirankumar.K (Associate professor)		<b>Library activity</b>
18/11/2018 Sunday	OPD   Dr.Ramya Shruthi.D (Senior Resident) Ward Rounds taken by : Duty Faculty & PGs Dr.Kiran kumar.K (Associate professor)		<b>HOLIDAY</b>
19/11/2018 Monday	OPD   Dr.Ramya Shruthi.D (Senior Resident) Ward Rounds taken by: Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor)		<b>Group Discussion</b> Topic: Neuropsychological assessment Part-2 Moderator : Dr.F.A.Sattar (Prof. & HOD) Dr. Suchandra Ghosh (Clinical Psychologist) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)

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20/11/2018 Tuesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		<b>Faculty Lecture</b> Topic : Jean piaget and cognitive development Presenter : Dr.Kiran kumar.K (Associate professor) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
21/11/2018 Wednesday	OPD Dr.Kiran kumar.K (Associate professor)		<b>PG case presentation</b> Topic : schizoaffective disorder- manic type Presenter : Dr.Sharnita.P(3rd year PG) Guide : Dr.Ramya Shruthi.D (Senior Resident) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
22/11/2018 Thursday	OPD Dr.Ramya Shruthi.D (Senior Resident)		<b>PG Subject Seminar</b> Topic : Clinical approach to a patient with dementia Presenter : Dr. Achinth ( neurology PG) Guide : Dr.Ramya Shruthi.D (Senior Resident) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
23/11/2018 Friday	OPD Dr.Kiran kumar.K (Associate professor)		<b>Journal Club</b> Title : Polypharmacy among children and adolescents with psychiatric disorders in a mental referral hospital in Botswana Author: Anthony A. Olashore, Ambrose Rukewe Source: BMC Psychiatry doi: [10.1186/s12888-017-1347-6] Presenter: Dr.Vinay Kumar P ( 2 <sup>nd</sup> year JR) Guide: Dr.Ramya Shruthi.D (Senior Resident) Chairperson :- Dr. F.A.Sattar (Prof. & HOD)
	OPD Dr.Ramya Shruthi.D (Senior Resident)		<b>Academic Society Meeting</b> 1) Interpretation of hemoglobin variants, role of electrophoresis – Dr Mangala, Assistant Professor Biochemistry Department 2) Clinical instructions for hormonal assays and other tests – Dr Nina M Veigas, Assistant Professor Biochemistry Department <b>CPC TOPIC</b> “A 39 year old female, presented with h/o mass per abdomen associated with pain during menstruation cycle since 1 month” Presenter: 1) Dr Priyanka Mohan, Assistant Professor OBG Department 2) Dr Sameera Assistant Professor Pathology Department Final Diagnosis: Endometriosis Chairperson: Dr Fiaz Ahmed Sattar, Vice Principal and President academic society



24/11/2018 Saturday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		<b>Library activity</b>
	OPD Dr.Kiran kumar.K (Associate professor)		
25/11/2018 Sunday	Ward Rounds taken by : Duty Faculty & PGs Dr.Ramya Shruthi.D (Senior Resident)		<b>HOLIDAY</b>
	OPD		
26/11/2018 Monday	Ward Rounds taken by: Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		<b>Group Discussion</b> Topic: Cholinergic, Glutamate and Glycine system Presenter: Dr.Geethanjali P (2 <sup>nd</sup> year PG) Moderator: Dr.Kiran kumar.K (Associate professor) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
	OPD Dr.Kiran kumar.K (Associate professor)		
27/11/2018 Tuesday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor)		<b>Faculty Lecture</b> Topic: Cognitive Enhancers Presenter: Dr.Ramya Shruthi.D (Senior Resident) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
			<b>Academic Society Meeting</b> Topic: Recent advances in diagnosis, evaluation and management of Rheumatoid arthritis Speaker: Dr Vijay Aluri, MD, RhMSUS, Rheumatologist, Physician's Clinic of IOWA, USA Chairperson: Dr Fiaz Ahmed Sattar, Vice Principal and President academic society
28/11/2018 Wednesday	OPD Dr.Ramya Shruthi.D (Senior Resident)		
	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		<b>PG case presentation</b> Topic: Bipolar Affective Disorder- current episode Mania with mood congruent Psychotic Symptoms Presenter: Dr. Mukesh B M ( 3 <sup>rd</sup> year PG) Guide: Dr.Ramya Shruthi.D (Senior Resident) Chairperson :-Dr. F.A.Sattar (Prof. & HOD)
	OPD Dr.Kiran kumar.K (Associate professor)		

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29/11/2018 Thursday	Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Kiran kumar.K (Associate professor)		<b>PG Subject Seminar</b> <b>Topic:</b> Physiology of Memory <b>Presenter :</b> Dr. Shruthi A (1 <sup>st</sup> year PG) <b>Guide:</b> Dr.Kiran kumar.K (Associate professor) <b>Chairperson :-</b> Dr. F.A.Sattar (Prof. & HOD)
30/11/2018 Friday	OPD Dr.Ramya Shruthi.D (Senior Resident)  Ward Rounds taken by : Dr.F.A.Sattar (Prof & HOD) Dr.Ramya Shruthi.D (Senior Resident)		<b>Journal Club</b> <b>Title :</b> psychological problems and burnout among medical professionals of a tertiary care hospital of north india : a cross sectional study <b>Presenter :</b> Dr Vipul Janardan (1st year PG) <b>Author:</b> Sandeep grover , Swapnajeet saho, Ashish bhalla, Ajit avasthi <b>Source:</b> Doi:10.4103/psychiatry.Indian.JPsychiatry_254_17 <b>Guide:</b> Dr.Kiran kumar.K (Associate professor) <b>Chairperson :-</b> Dr. F.A.Sattar (Prof. & HOD)
	OPD Dr.Kiran kumar.K (Associate professor)		



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