


VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE
#94, EPIP Area, Nallurahalli, Whitefield, Bangalore-560 066

DEPARTMENT OF PSYCHIATRY
POST GRADUATE TEACHING PROGRAMME FOR THE MONTH OF July- 2022

DATE	DAY	WARD ROUNDS, IP & OP WORK (9 AM TO 1 PM)	LUNCH (1PM TO 2 PM)	ACADEMIC ACTIVITY (2PM TO 4PM)
1/7/2022	Friday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Journal Club Title: <i>Psychiatric Morbidity and associated Psycho-social Factors among Inmates of State Home for Women in Northern Karnataka</i> Journal of Psychiatry Spectrum: Jan-Jun 2022 - Volume 1 - Issue 1 - p 30-35; doi: 10.4103/jopsys.jopsys_14_21 Presenter: Dr.Roopa (PG) Guide: Dr.Rakesh B (Assistant Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
2/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		LIBRARY ACTIVITY
3/7/2022	Sunday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		HOLIDAY
4/7/2022	Monday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Group Discussion Topic: <i>Cognitive Reserve theory in psychology</i> Moderator: Dr.Ramya Shruthi D (Assistant Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
5/7/2022	Tuesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Faculty Lecture Topic: <i>Management of Behavioral and Psychological symptoms of dementia</i> Presenter: Dr. F.A.Sattar (Professor & HOD) Chairperson: Dr. F.A.Sattar (Professor & HOD)
6/7/2022	Wednesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		PG Case Presentation Topic: General Anxiety disorder Presenter: Dr.Roopa (PG) Guide: Dr.Ramya Shruthi D (Assistant Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)


Dr. (Col) F.A. SATTAR
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7/7/2022	Thursday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		<u>PG Subject Seminar</u> Topic: <i>Pain Systems: Interface with Affective and Motivational Mechanisms</i> Presenter: Dr.Sheethal (PG) Guide: Dr. F.A.Sattar (Professor & HOD) Chairperson: Dr. F.A.Sattar (Professor & HOD)
8/7/2022	Friday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		<u>Journal Club</u> Title: <i>Childhood Maltreatment Influences Autonomic Regulation and Mental Health in College Students;</i> Front. Psychiatry, 02 June 2022 https://doi.org/10.3389/fpsyt.2022.841749 Presenter: Dr.Apeksha (PG) Guide: Dr.Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
9/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		LIBRARY ACTIVITY
10/7/2022	Sunday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		HOLIDAY
11/7/2022	Monday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		<u>Group Discussion</u> Topic: <i>Yoga and Mental health</i> Moderator: Dr.Somesh Anand Pattan (Senior Resident) Chairperson: Dr. F.A.Sattar (Professor & HOD)
12/7/2022	Tuesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		<u>Faculty Lecture</u> Topic: <i>Stages of creative thinking</i> Presenter: Dr.Suchandra Ghosh (Clinical Psychologist) Chairperson: Dr. F.A.Sattar (Professor & HOD)

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14/7/2022	Thursday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	PG Subject Seminar Topic: <i>Basic Science of Sleep</i> Presenter: Dr.Apeksha (PG) Guide: Dr.Somesh Anand Pattan (Senior Resident) Chairperson: Dr. F.A.Sattar (Professor & HOD)
15/7/2022	Friday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR) Journal Club Title: <i>Perceived Stress in Epilepsy: A Comparative Study across Patients, Their Siblings and Normal Controls</i> DOI: 10.5005/jp-journals-11001-0007 Presenter: Dr.Roopa (PG) Guide: Dr.Ramya Shruthi D (Assistant Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)	Academic Society Meeting topics: 1. Recent trends and challenges in TB diagnosis in India, by Dr. Girish N, Prof, Dept. of Microbiology. CPC topic "A 27-year-old Male with right upper eyelid swelling for 6 months. Presentations by: 1. Dr Alhaj farhath tasneem, Prof, Dept. of Ophthalmology. 2. Dr. Gyayathri T, Assoc. Prof, Dept. of Pathology
16/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	LIBRARY ACTIVITY
17/7/2022	Sunday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	HOLIDAY


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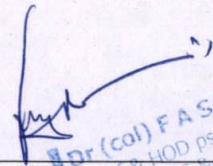
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18/7/2022	Monday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	Group Discussion Topic: <i>Circadian rhythm and seasonal affective disorders</i> Moderator: Dr. F.A.Sattar (Professor & HOD) Chairperson: Dr. F.A.Sattar (Professor & HOD)
19/7/2022	Tuesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	Faculty Lecture Topic: <i>Thalamocortical dysrhythmia syndrome</i> Presenter: Dr. Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
20/7/2022	Wednesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	PG Case Presentation Topic: BPAD with OCD Presenter: Dr.Apeksha (PG) Guide: Dr.Somesh Anand Pattan (Senior Resident) Chairperson: Dr. F.A.Sattar (Professor & HOD)
21/7/2022	Thursday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	PG Subject Seminar Topic: <i>Functional Brain Connectivity and Psychopathology</i> Presenter: Dr.Sheethal (PG) Guide: Dr.Ramya Shruthi D (Assistant Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
22/7/2022	Friday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR) Journal Club Title: <i>Screening for Depression among Schizophrenia Patients: A Cross-sectional Study; DOI: 10.5005/jp-journals-11001-0002</i> Presenter: Dr.Apeksha (PG) Guide: Dr. F.A.Sattar (Professor & HOD) Chairperson: Dr. F.A.Sattar (Professor & HOD)	<u>MORTALITY MEETING</u> Case 1: Patient details : 73/male/7808850 Diagnosis : SEPSIS- bronchopneumonia acute exacerbation of copd, acute kidney injury s/p cardiac arrest rheumatoid arthritis benign prostatic hypertrophy hy old pulmonary TB. Presenter: Respiratory Medicine Case 2: Patient details : 33/ female/ 7800965 Diagnosis: carcinoma urinary bladder Presenter: Surgical oncology

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				Moderators: • Dr. Vijay Sai(professor and HOD of cardiology) • Dr.Sanjay parachuru (professor and HOD of Urology)
23/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		LIBRARY ACTIVITY
24/7/2022	Sunday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		HOLIDAY
25/7/2022	Monday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Group Discussion Topic: <i>Tele-psychiatry operational guidelines</i> Moderator: Dr.Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
26/7/2022	Tuesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Faculty Lecture Topic: <i>Juvenile Justice act, 2015</i> Presenter: Dr. Suchandra Ghosh (Clinical Psychologist) Chairperson: Dr. F.A.Sattar (Professor & HOD)
27/7/2022	Wednesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		PG Case Presentation Topic: social anxiety disorder Presenter: Dr.Apeksha (PG) Guide: Dr.Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
28/7/2022	Thursday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		PG Subject Seminar Topic: <i>Basic Science of Appetite</i> Presenter: Dr.Roopa (PG) Guide: Dr.Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)

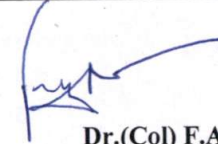

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29/7/2022	Friday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	Journal Club Title: <i>Suicidal vulnerability in older adults and the elderly: study based on risk variables</i> ; BJPsych Open , Volume 8 , Issue 3 , May 2022 , e77 DOI: https://doi.org/10.1192/bjo.2022.42 Presenter: Dr.Sheethal (PG) Guide: Dr.Somesh Anand Pattan (Senior Resident) Chairperson: Dr. F.A.Sattar (Professor & HOD)
30/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	LIBRARY ACTIVITY
31/7/2022	Sunday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	HOLIDAY



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Dept. of Psychiatry

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2/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		LIBRARY ACTIVITY
3/7/2022	Sunday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		HOLIDAY
4/7/2022	Monday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Group Discussion Topic: <i>Cognitive Reserve theory in psychology</i> Moderator: Dr.Ramya Shruthi D (Assistant Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
5/7/2022	Tuesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Faculty Lecture Topic: <i>Management of Behavioral and Psychological symptoms of dementia</i> Presenter: Dr. F.A.Sattar (Professor & HOD) Chairperson: Dr. F.A.Sattar (Professor & HOD)
6/7/2022	Wednesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		PG Case Presentation Topic: General Anxiety disorder Presenter: Dr.Roopa (PG) Guide: Dr.Ramya Shruthi D (Assistant Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)

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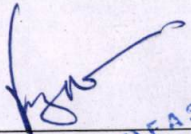
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8/7/2022	Friday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	<u>Journal Club</u> Title: <i>Childhood Maltreatment Influences Autonomic Regulation and Mental Health in College Students;</i> Front. Psychiatry, 02 June 2022 https://doi.org/10.3389/fpsyt.2022.841749 Presenter: Dr.Apeksha (PG) Guide: Dr.Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
9/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	LIBRARY ACTIVITY
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11/7/2022	Monday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	<u>Group Discussion</u> Topic: <i>Yoga and Mental health</i> Moderator: Dr.Somesh Anand Pattan (Senior Resident) Chairperson: Dr. F.A.Sattar (Professor & HOD)
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14/7/2022	Thursday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		PG Subject Seminar Topic: <i>Basic Science of Sleep</i> Presenter: Dr.Apeksha (PG) Guide: Dr.Somesh Anand Pattan (Senior Resident) Chairperson: Dr. F.A.Sattar (Professor & HOD)
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19/7/2022	Tuesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	Faculty Lecture Topic: <i>Thalamocortical dysrhythmia syndrome</i> Presenter: Dr. Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
20/7/2022	Wednesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	PG Case Presentation Topic: BPAD with OCD Presenter: Dr.Apeksha (PG) Guide: Dr.Somesh Anand Pattan (Senior Resident) Chairperson: Dr. F.A.Sattar (Professor & HOD)
21/7/2022	Thursday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)	PG Subject Seminar Topic: <i>Functional Brain Connectivity and Psychopathology</i> Presenter: Dr.Sheethal (PG) Guide: Dr.Ramya Shruthi D (Assistant Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
22/7/2022	Friday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR) Journal Club Title: <i>Screening for Depression among Schizophrenia Patients: A Cross-sectional Study; DOI: 10.5005/jp-journals-11001-0002</i> Presenter: Dr.Apeksha (PG) Guide: Dr. F.A.Sattar (Professor & HOD) Chairperson: Dr. F.A.Sattar (Professor & HOD)	<u>MORTALITY MEETING</u> Case 1: Patient details : 73/male/7808850 Diagnosis : SEPSIS- bronchopneumonia acute exacerbation of copd, acute kidney injury s/p cardiac arrest rheumatoid arthritis benign prostatic hypertrophy hy old pulmonary TB. Presenter: Respiratory Medicine Case 2: Patient details : 33/ female/ 7800965 Diagnosis: carcinoma urinary bladder Presenter: Surgical oncology


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POST GRADUATE TEACHING PROGRAMME FOR THE MONTH OF July- 2022


				Moderators: <ul style="list-style-type: none">• Dr. Vijay Sai(professor and HOD of cardiology)• Dr.Sanjay parachuru (professor and HOD of Urology)
23/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		LIBRARY ACTIVITY
24/7/2022	Sunday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		HOLIDAY
25/7/2022	Monday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Group Discussion Topic: <i>Tele-psychiatry operational guidelines</i> Moderator: Dr.Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
26/7/2022	Tuesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Faculty Lecture Topic: <i>Juvenile Justice act, 2015</i> Presenter: Dr. Suchandra Ghosh (Clinical Psychologist) Chairperson: Dr. F.A.Sattar (Professor & HOD)
27/7/2022	Wednesday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		PG Case Presentation Topic: social anxiety disorder Presenter: Dr.Apeksha (PG) Guide: Dr.Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)
28/7/2022	Thursday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		PG Subject Seminar Topic: <i>Basic Science of Appetite</i> Presenter: Dr.Roopa (PG) Guide: Dr.Kiran Kumar K (Professor) Chairperson: Dr. F.A.Sattar (Professor & HOD)


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DEPARTMENT OF PSYCHIATRY
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29/7/2022	Friday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		Journal Club Title: <i>Suicidal vulnerability in older adults and the elderly: study based on risk variables</i> ; BJPsych Open , Volume 8 , Issue 3 , May 2022 , e77 DOI: https://doi.org/10.1192/bjo.2022.42 Presenter: Dr.Sheethal (PG) Guide: Dr.Somesh Anand Pattan (Senior Resident) Chairperson: Dr. F.A.Sattar (Professor & HOD)
30/7/2022	Saturday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		LIBRARY ACTIVITY
31/7/2022	Sunday	Dr.F.A.Sattar (Prof. and HOD) Dr.Kiran kumar.K (professor) Dr.Ramya Shruthi.D (Asst. Prof) Dr.Somesh Anand pattan (SR)		HOLIDAY


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