



**VYDEHI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE**  
#82, EPIP ZONE, NALLURAHALLI, WHITEFIELD, BENGALURU - 560066  
**DEPARTMENT OF GENERAL MEDICINE**

**“WORLD HYPERTENSION DAY 2022”**

**{ Theme: Measure Your Blood Pressure Accurately, Control It, Live Longer! }**

**VENUE: Vydehi Hospital Lobby**

**DATE/ TIME: 17<sup>th</sup> May 2022 (Tuesday), 9AM – 3PM**

**DASH DIET**



**Let's not allow  
Blood Pressure  
to control our  
life,  
Let us join  
hands to  
control it!**

**FREE BP CHECK UP**



**BP CHECK| FREE PHYSICIAN CONSULTATION| DIET & LIFESTYLE COUNSELLING**

**| OBESITY SCREENING**